



WAKE COUNTY HUMAN SERVICES

RESOURCE GUIDE 2012(REVISION)

Disclaimer: Every attempt has been made to provide accurate and timely information in this guide. However, agency numbers may change, addresses may change and services offered by agencies may change while this guide is in use.

Please contact Contina Bell at contina.bell@wakegov.com or 212-7593 for changes or updates.

WAKE COUNTY HUMAN SERVICES RESOURCE GUIDE

TABLE OF CONTENTS

BUDGETING/CREDIT COUNSELING.....	P. 3
CRISIS HOTLINES	P. 5
CLOTHING & HOUSEHOLD GOODS.....	P.7
EDUCATIONAL RESOURCES.....	P. 10
EARLY EDUCATION RESOURCES.....	P. 14
EMPLOYMENT RESOURCES.....	P. 15
EXOFFENDER RESOURCES.....	P. 18
FINANCIAL ASSISTANCE.....	P.20
FOOD RESOURCES	
Food Pantries.....	P. 23
Daily Meals.....	P.26
Food Stamps.....	P. 27
HOUSING:	
Shelters.....	P.28
Transitional Housing.....	P.31
Other Housing Programs/Services.....	P.34
Are You Ready To Rent?.....	P.35
Fair Housing.....	P.38
Subsidized Housing.....	P.40
Home Ownership & Foreclosure Prevention.....	P.41
Home Repair and Rehabilitation.....	P.42
HYGIENE SERVICES (TOILETRY/LAUNDRY/SHOWERS).....	P. 43
IDENTIFICATION	P.43
LATINO RESOURCES.....	P.44
LEGAL SERVICES.....	P.47
MEDICAL CARE:	
Medical Care – Homeless/Uninsured.....	P.48
HIV/AIDS Services.....	P.51
Prescription Assistance.....	P.53
Mental Health & Substance Abuse Services.....	P.55
Dental Care.....	P.58
Eyecare Assistance.....	P.59
Hearing Aid Assistance.....	p.60

PREGNANCY AND CHILD CARE:P.61
REFUGEE RESOURCES.....P.62
SENIOR SERVICES.....P.63
TRANSPORTATION.....P. 64
VETERAN SERVICES.....P.66
YOUTH SERVICES.....P.68

BUDGET COUNSELING

Latino Community Credit Union (La Cooperativa Latina)855-9696
1420 Hardimont Road, Raleigh, N. C. 27609 Info available at
<http://www.cooperativalatina.org>

Banking services for members. Costs \$10.00 to open an account and a \$20.00 once in a lifetime family membership fee for other services. Membership includes access to help with financial problems, financial education and credit counseling. Valid picture ID required to open an account.

Triangle Family Services821-0790
3937 Western Blvd., Raleigh, N. C. 27603. Info available at
<http://www.tfsnc.org>

Offers Consumer Credit Counseling Services (CCCS). Provides debt management services to families and individuals, as well as financial literacy education seminars, focusing on such topics as home budgeting and financial management, first-time home buying, avoiding identity theft, reducing consumer debt, and avoiding predatory lending schemes.

Wake County Human Services

Supported Housing Program.....856-5277
220 Swinburne Road, Raleigh, NC 27610

Supported Housing Program provides daily housing counseling and budget assistance Monday through Friday at 4pm-5pm in Swinburne Bldg. Sign in at the Information desk in the atrium.

W.E.B. Dubois Community Development Corporation.....556-0709
150 A White Str., Wake Forest 27588 ext. 124 or 156
www.duboiscdc.org

Family Self Sufficiency Program offers money management class, credit repair, and support services such as assistance with school, work, childcare, limited financial assistance and counseling. Must be income eligible and complete application process.

Hope Community Church.....532-0620
821 Buck Jones Rd., Cary 27511
www.gethope.net

Provides personal budget counseling and Financial Peace University to get out of debt, stay out of debt, and build wealth.

Good Work.....682-8473

P.O.Box 6013, Raleigh 27628

www.goodwork.org

Participants increase understanding of household economics, finances, asset development, entrepreneurship, business and organizational development, and stewardship and sustainability

North Carolina Real Enterprises.....781-6833

3739 National Dr. #110, Raleigh 27612

www.ncreal.org

Building skills and knowledge for entrepreneurship through financial literacy. Programs for K-8, 9-12, and adults. Scholarships available. Professional development opportunities also available.

Consumer Education Services Inc.....785-0725

3801 Lake Boone Trail #400, Raleigh 27607

www.mycesi.org

Nonprofit debt management company. Financial education, housing counseling, and credit counseling. Online courses are free and self paced.

National Council on Economic Education

www.ncee.net

Computer based learning for youth grades K-12.

www.making-change.org

Online money management education

www.spendingonmainstreet.org

Practical personal financial advise

www.FDIC.gov

Money Smart Program

CRISIS HOTLINES

- Alcoholics Anonymous (AA) (24 hour hotline)..... 919-783-6144**
- Al-Anon919-713-1516**
- Care-Line 800-662-7030**
- Carolinas Poison Center - In case of an emergency poisoning, call
1-800-222-1222**
- CDC National STD and AIDS Hotline800-342-2437**
English Service 24 hours a day, seven days a week.
Spanish Service 8:00 a.m. – 2:00 a.m., seven days a week.. 800-344-7432
**Hotlines provide callers with anonymous and confidential answers to
questions about sexually transmitted diseases (STDs) and HIV/AIDS.**
Referrals also provide
- Child Abuse and Neglect Reporting (Wake County Human Services)
.....212-7990**
Or 212-7000.....
- Crisis Intervention Hotline.....919-545-0224**
**7 days, 24 hours. Serves victims of domestic violence, domestic abuse and
sexual assault.**
- Drug Helpline.....1-800-662-4357**
- Gay and Lesbian Helpline.....919-821-0055**
**Provides general information on issues affecting the gay and lesbian
population; also provides information and referrals for services.**
- Holly Hill Respond (Crisis Intervention)919-250-7000**
3019 Falstaff Rd., Raleigh, N. C. 27604
**The RESPOND department provides crisis phone, assessment, and
admission services 24 hours a day, seven days a week and serves as the
emergency department of Holly Hill Hospital.**
- Hopeline.....919-231-4525**
**7 days, 24 hours. Crisis and suicide prevention. Provides confidential,
nonjudgmental, caring listening for community members facing life
difficulties or crisis.**

Interact Rape Crisis Hotline.....919-828-3005
24 hour crisis line. Provides information and support for survivors of sexual assault (including incest) and information and support for their friends and family members.

Interact Domestic Violence Hotline.....919-828-7740
24 hour hotline for battered women, victims of domestic violence.

Interact SAFE Center.....919-828-3067
24 hours hospital counseling and support

Mental Health and Substance Abuse Emergencies (Wake County) 919-250-3133

National Runaway Switchboard.....800-786-2929
7 days, 24 hours. Provides crisis intervention for youth at-risk between the ages of 12 and 20. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.

Teen TalkLine.....919-231-3626
24 hours a day: Offers teens an opportunity to talk to trained volunteers about important issues in their lives.

United Way Resource Information.....211
Information referral service serving Chatham, Durham, Orange, and Wake counties

Wake County Human Services Crisis and Assessment919-250-3133.

Wren House Youth Crisis Hotline.....919-832-7866
Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

CLOTHING & HOUSEHOLD GODDS

- Brooks Avenue Church of Christ.....821-2400**
700 Brooks Avenue, Raleigh, NC 27607
www.brooks.org
2nd and 4th Saturday of each month, 9:00am-12:00noon. No referral required.
- Catholic Parish Outreach.....873-0245**
2013 N. Raleigh Blvd, Raleigh, 27604
www.cporaleigh.org
Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.D Card required for all family members receiving assistance. Clothing for children (up to children's size 4); maternity clothing for expectant mothers. Limited supply of baby items.
- First Baptist Church.....832-4485**
99 North Salisbury Street, Raleigh, NC 27601
www.fbcraleigh.org
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.
- Garner Area Ministries.....772-9100**
560 Village Court, Garner, NC 27529 (Corner of HWY 70 & Aversboro Rd.)
Monday, Wednesday, and Friday 9:00am – 12:00pm. *Must be a resident of the Garner area.*
- Helping Hand Mission.....829-8048**
623 Rock Quarry Road, Raleigh, NC 27610
Monday through Friday 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.
Furniture discounted with referral. Price set by establishment.
- Junior League of Raleigh Bargain Box.....833-7587**
401 Woodburn Avenue, Raleigh, NC 27605
Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.

Life Care Pregnancy Center.....873-2442
1001 Navaho Drive, Suite 101, Raleigh, NC 27609
www.pregnancylifecare.org

Appointment required. Clothes for expecting mothers, babies up to 12 months and baby items for participants in the Life Skills Program. Also provides parenting skills, budgeting skills and pregnancy tests by appointment . M-TH 9a.m-2p.m., Tues. 6:30p.m-8:30p.m.

Salvation Army.....834-6733
215 South Person Street, Raleigh, NC 27601
<http://www.keepthebellringing.org>

Appointments for clothing are made each Monday morning for Friday of the same week. Must bring a Social Security card for each member of the family needing clothes, and a N. C.ID, Homeless ID or Prison ID of the person shopping at the clothing closet. Each family member may receive up to 10 items of clothing per visit. Participants may come every 3 months.

The Salvation Army Family Store and Donation Centers
205 Tryon Rd. Raleigh 27603.....779-8867
902 Old Wake Forest Rd, Raleigh 27616.....832-6918
Mon-Fri 10am-6pm; Sat 9am-6pm.

The Women’s Center..... 829-3711
112 Cox Avenue, Raleigh, NC 27605 www.wcwc.org
Resource for women. Clothing closet for employment clothing provided to clients with appointment. Abbeygail’s Closet is a thrift shop extension of the Women’s Center, which specializes in upscale, name brand women’s and children’s gently owned clothing. It is located at 5205 Hillsborough St, Raleigh, N. C. 27606..... 859-6337
Abbeygails’s hours are Wed. – Sat., 10:00 a.m. – 6:00 p.m., and Sun. 1:00 p.m. – 5:00 p.m.

Soroptimist International of Raleigh.....833-2740
www.soroptimistraleigh.org
Professional clothing. Referral from partner agency required (see website for list of partners)

With Love from Jesus233-8010
421 Chapanoke Road, Raleigh, N. C. 27601

Public distribution hours: 9:00 a.m. – 2 p.m. Tuesday, Wednesday, Friday and Saturday.

Clothing provided as well as other home furnishings, diapers, etc., when available. They ask for \$3.00 donation to shop for items. No charge for each individual item.

Basic Needs Ministry.....661-6565

5533 NC HWY 42 West. Garner (by Bojangles)

www.4042needs.org

Serving Garner and Johnston county residents. Clothing, Food Pantry , Library. Mon & Thur 6p-9p; Sat 9a-6p.

Dorcas Thrift Shop.....469-1351

1231 Northeast Maynard Road, Cary, NC 27513

www.dorcas-cary.org

Monday through Friday, 9:00am-4:00pm; Thur 9am-7pm; Saturday, 10:00am-2:00pm. Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.

Garner Area Ministries.....772-9100

560 Village Court, Garner, NC 27529

Thrift Store --Monday through Friday 9am-1pm; Sat. 10am-5pm,

Goodwill Industries834-0504

321 West Hargett Street, Raleigh, NC 27601

www.goodwillenc.org/retail.html

Monday through Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.

Mustard Seed Thrift Store.....828-1166

1504 New Bern Ave, Raleigh 27601

Thur-Sat 10am-4pm. Clothing, furniture, household goods

Alpha Thrift.....832-8387

2475 Wendell Blvd, Wendell 27591

www.alphathrift.org

Mon-Fri 10am-6pm; Sat 9am-4pm. Clothing, furniture, household goods

Victory Temple Ministries.....567-2399

www.victorytemplemin.org

300 Rogers Street, Holly Springs 27540

Clothing closet

Craigslist.....www.craigslist.com

Search for free furniture in the FREE offering section.

The Green Chair Project.....809-7982

1319 Capital Blvd, Raleigh

www.thegreenchair.org

Providing recycled furniture to those in need. Referral from partner agency required. See website for list of partners.

EDUCATIONAL RESOURCES

Goodwill Industries of Eastern North Carolina.....828-7490

321 West Hargett Street, Raleigh, North Carolina 27601

Beginning computer skills are taught: Introduction to Computers, Introduction to Internet and Email, and Introduction to Office Applications. Call about registration days and times. Also, tutorials available online at

<http://gcflearnfree.org>

Tutorials available online at www.GCFLearnFree.org

GED/Adult Basic Education/English as a Second Language Classes:

Forest Hills Baptist Church:828-6161

201 Dixie Trail, Raleigh, NC 27607

ESL - September through May. Wednesdays 6:00 - 7:45 p.m.;

Sundays 9:30 - 10:45 a.m. Contact Mr. Frober.

Raleigh Rescue Mission:828-9014

Learning Center/Computer Lab: Educational Coordinator

314 E. Hargett St., Raleigh, NC 27601

GED and Adult Basic Education Mon-Thurs 2pm-4pm. Computer skills, money management, life skills, bible studies, and ESL classes as needed.

Wake Tech Adult Education Center:715-3434

1920 Capital Blvd., Raleigh, NC 27604

Adult Basic Education/General Educational Development (ABE/GED) classes are for students who want to learn reading, writing and math (Adult Basic Education) and/or who want to complete a high school equivalency (GED) diploma.

Monday through Thursday 8:00 a.m. – 9:00 p.m.; Friday 8:00 a.m. – 5:00 p.m.
GED, ABE, ESL, and Basic Skill classes offered. Various class schedules available.

Wake County Human Services.....212-7781
220 Swinburne Street, Raleigh, 27610
Onsite GED classes. T-W-Th 9am-12 and 6pm-8:30pm

North Carolina Community College System807-7100
200 West Jones Street, Raleigh, N. C. 27603
Colleges provide education, training and retraining for the workforce, including basic skills, ESL and literacy education, occupational and pre-baccalaureate programs. (Technical Programs; Vocational Programs; Continuing Education; Basic Adult Education Programs; College Transfer Programs; General Education Programs; and Industry Programs)
Contact any of your local community colleges for information on enrollment in these classes at
www.ncccs.cc.nc.us

Step Up Ministry781-0156
1701 Oberlin Road, Raleigh, NC 27608
www.step-up.us
Assist single adults, couples and families who have educational, employment and housing needs. Program participation includes a phased, incentive-driven curriculum that encourages spirituality, self-awareness and connection as building blocks to success.

Wake County Public School System850-1600
3600 Wake Forest Road, Raleigh, N. C. 27609; Mailing Address: P. O. Box 28041, Raleigh, N. C. 27611-8041
Office hours Monday through Friday 8:00 a.m. – 5:00 p.m.

Haven House Services.....833-3312
706 Hillsborough Str., Raleigh 27603
www.havenhousenc.org
Structured Day program for middle school students who are short-term suspended from Wake County Public School. Referral needed from school principal or juvenile court. GED online program for completion of high school diploma. Project Ready for ages 16 to 21 for independent living. Second Round Boxing program-Basic boxing classes for female and males ages 11-18; M-W-F 5pm-7pm.

Literacy Council of Wake County.....787-5559
916 West Morgan Str., Raleigh 27603
www.wakeliteracy.org

Volunteer initiative that teaches adults better reading and writing skills. ESL programs, tutoring training available. Access to library and computer lab for participants. Free of charge.

The Purple Elephant Computer Factory.....788-7740
6808 Davis Circle, Raleigh 27613
www.purpleelephant.org

Nonprofit computer reuse facility. We accept donated computers, refurbish them, erase the hard drives, install new programs, and make them available to ALL KIDS through requests and referrals. Priority given to disadvantaged, at risk, and disabled. A complete Desktop computer system is available for \$100. Some financial assistance available for those who cannot afford \$100.

Sylvan Learning Centers (Wake County locations)
1040 Darrington Dr. #101, Cary 27513.....380-1201
2347 Timber Dr., Garner 27529.....779-2229
1008 E. Big Oak Crt., Knightdale 27545.....217-0609
3200 Spring Forest Rd., Raleigh 27616.....954-1241
7209 Creedmoor Rd., Raleigh 27604.....844-3372
12339 Wake Union Church Rd, Wake Forest 27587.....562-8180
<http://tutoring.sylvanlearning.com>

Sylvan Learning is the leading provider of tutoring and supplemental education services to students of all ages and skill levels. At Sylvan, our warm and caring tutors tailor individualized learning plans that build the skills, habits and attitudes students need to succeed in school and in life. Affordable tutoring instruction is available in math, reading, writing, study skills, homework help, test prep and more at more.

COLLEGES/UNIVERSITY

North Carolina State University.....5152011
Hillsborough Str., Raleigh 27695
www.ncsu.edu

North Carolina State University is a comprehensive university known for its leadership in education and research, and globally recognized for its science, technology, engineering and mathematics leadership.

Meredith College.....760-8600

3800 Hillsborough Str., Raleigh 27607

www.meredith.edu

Chartered in 1891, Meredith College has grown to become one of the largest independent private women’s colleges in the U.S. We offer a comprehensive liberal arts undergraduate education, as well as coeducational graduate programs in business, nutrition and education.

William Peace College.....508-2000

15 East Peace Str., Raleigh 27604

www.peace.edu

Peace is a liberal arts and sciences college offering four-year baccalaureate degrees in a variety of programs designed to give you the education and skills you need to build successful lives and careers

Shaw University.....836-9433

118 East South Str., Raleigh 27601

www.shawuniversity.edu

Shaw University, founded in 1865, is the first historically black college of the South. Shaw is a private, co-educational, liberal arts university affiliated with the Baptist Church. The University awards degrees at both the undergraduate and graduate levels.

Saint Augustine University.....516-4000

1315 Oakwood Ave., Raleigh 27610

www.st-aug.edu

Augmenting the College's liberal arts core curriculum are rigorous, in-depth programs in business; computer science; teacher education; the natural sciences; mathematics; interdisciplinary studies; theater and film; adult education; community development; communications; and military science, a required course for all members of the College's notable Army ROTC battalion

Miller Motte Technical College.....723-2820

3901 Capital Blvd., Raleigh 27604

2205 Walnut Str., Cary, NC 27518.....532-7171

www.miller-motte.com

**The following is a list of the program offerings at the Raleigh, NC location:
Accounting | Accounting Assistant | Cosmetology | Dental Assisting |**

Medical Assisting | Paralegal | Medical Office Assistant | Network Administration and Security

ECPI College of Technology.....571-0057
4101 Doie Cope Rd., Raleigh 27613
www.ecpi.edu/capus/raleigh_nc

Earn Your Bachelor's Degree in 2.5 Years through our Year-Round Schedule

- [Network Security](#)
- [Web Development](#)
- [Wireless Systems](#)
- [Business Administration](#)
- [Criminal Justice](#)
- [Healthcare Administration](#)
- [Food Service Management](#)
- [Electronics Engineering](#)
- [Game Programming](#)
- [Database Programming](#)
- [Mechatronics](#)
- [Nursing](#)
- [Homeland Security](#)
- [IT Management](#)

[Associate Degrees](#) Also Available -- Earn in 1.5 Years

Strayer University
8701 Wadford Dr. Raleigh 27616.....878-9900
1812 Garner Station Blvd., Raleigh 27603.....890-7500
4 Copley Pkwy., Morrisville 27560.....466-4400
www.strayer.edu

Undergraduate and graduate programs in high-demand fields such as accounting, business, criminal justice, education, health services administration, information systems, and public administration are available at this campus.

Early Childhood Education

Telemon Corporation.....851-7611
5560 Munford Rd., Raleigh 27612
www.telamon.org
Head Start Programs: Raleigh...857-9427; Cary...657-0577; Knightdale...266-1953
Ages 0-3 and 3-5 programs available

Wake County Smart Start.....851-9550
1121 Situs Court Raleigh 27606
www.wakesmartstart.org

**Project Enlightenment for parent education and family support for enhancement of child development through parent education.
More at 4 Program prepares 4 year olds not enrolled in preschool for success in school.
Serving ages 0-5.**

**State Child Care Licensing Office662-4499
(Regulatory Services Section).....Toll Free (800) 859-0829 NC
Residents Only
319 Chapanoke Road, Suite 120, Raleigh, N. C. 27603
Mailing Address: 2201 Mail Service Center Raleigh, N. C. 27699-2201
Regulates the health, safety, and well-being of children in out-of-home care;
provides support and quality control services to child care providers.
<http://www.ncchildcare.net>**

**Childcare Subsidy.....773-7600
319 Chapanoke Rd, Ste104, Raleigh, NC 27603
Apply for Childcare assistance for daycare, before and after-school care.**

EMPLOYMENT RESOURCES

**Culinary Job Training Program (Interfaith Food Shuttle).....250-0043
1001 Blair Drive, Raleigh, N. C. 27610
www.foodshuttle.org
11-week culinary (chef) training program. Resume and interviewing skills,
job placement. All materials provided, and students receive weekly stipend.**

**Employment Security Commission.....212-3849
Job Service Offices: 3351 Carl Sandburg Court Raleigh 27610
724-F East Chatham St., Cary, N. C. 27511469-1406
www.ncesc.com
Monday through Friday 8:30 a.m. – 5:00 p.m.
Register at a local office and get access to information on Jobs Line
212-5700**

Goodwill Industries.....828-7490
321 W. Hargett Street, Raleigh, NC 27601
Employment opportunities in retail setting for individuals with disabilities or social disadvantages.
<http://www.goodwillenc.org>

JobLink Career Center.....250-3770
Wake County Human Services Center, 220 Swinburne Street, 3rd Floor, Raleigh, N. C. 27610
Monday – Friday, 9:00 a.m. – 4:15 p.m; Tuesdays open until 8:00 p.m.
The JobLink Career Center located in the Wake County Human Services Center on Swinburne Street provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Note: There are several JobLinks in Wake County. For locations and hours of operation, visit the JobLink website at www.joblinkcc.com

Jubilee Jobs..... 781-0156
Step Up Ministry, 1701 Oberlin Road, Raleigh, N. C. 27608
www.step-up.us
The Jubilee Jobs Program provides skilled compassionate job preparation and placement services to unemployed job seekers through a process of mentoring and active assistance. Workshops and networking support groups focus on job retention, goal setting and practical steps toward wage growth, education and training.

North Carolina Division of Services for the Blind.....733-4234
2601 Mail Service Center, Raleigh, NC 27699
www.dhhs.state.nc.us/dsb or www.visionaware.org
Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.**
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.**

Telamon.....851-6141
5560 Munford Rd. #201, Raleigh 27606, Raleigh, NC 27606

www.telamon.org

Employment training for migrant/seasonal farm workers.

Assistance provided to adult and youth with special needs. Job listings, occupational training, career counseling, and assistance obtaining occupational credentials or educational certificates.

Vocational Rehabilitation.....733-7807

436 N. Harrington Street, Raleigh, NC 27603

www.dvr.dhhs.state.nc.us

VR employment services provide opportunities to persons who have mental, physical , or learning disabilities that prevent them from getting and keeping a job. Wake County residents may call or apply in person for services.

Wake County Supportive Employment Program.....212-7577

220 Swinburne Street, 3rd Floor (Joblink), Raleigh, N.C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

The Supportive Employment Program provides intensive employment support to Wake County residents (18 years of age and older) who have severe mental illness and overlapping disabilities. Individualized supports are provided by employment specialists to help consumers find competitive employment in integrated job settings. Community based services such as job development, job placement and coaching services are provided; follow-along supports are maintained indefinitely. Supportive Employment also serves Work First consumers who need intensive employment support.

Workforce Investment Act (WIA) Programs.....250-3770

220 Swinburne Street, 3rd Floor, Raleigh, N. C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters. 4 to 6 month waiting list.

EXOFFENDER RESOURCES

Department of Corrections Re-entry Coordination.....716-3080

2020 Yonkers Rd, MSC 4221, Raleigh 27699

Community Success Initiative.....834-7626

1116 N. Blount Str., Raleigh 27604

www.communitysuccess.org

Through a network of community partners, we work with men and women in prison, former prisoners, people in transition, and their families through our "Resource Center Without Walls". We provide small group trainings and individual mentoring in general life skills, leadership, entrepreneurship, financial literacy, and areas related to transitioning back into family and community life.

Step Up Ministries.....781-0156

1701 Oberlin Rd., Raleigh 27605

www.step-up.us

Providing second chances for those committed to living independent, responsible and constructive lives. Year long program focusing on education and job preparation. Some job placement provided.

Work Force Investment.....856-5992

Wake County Human Services, Joblink, 3rd Floor

220 Swinburne Str., Raleigh 27610

Collaboration between NC Depart. Of Corrections, Employment Security Commission, Wake County Human Services, and Department of Labor. 2 year program. Must be at least 18. Men and women accepted. Childcare provided. Educational and employment preparation. Assistance with job placement.

Passage Homes.....834-0666

712. W. Johnson Str., Raleigh 27603

www.passagehome.org

Providing re-entry and support services for female ex-offenders and their children.

Second Chance Alliance.....856-2183

224 S. Dawson Str., Raleigh 27601

www.ncjustice.org

Advocacy agencies working together to achieve the safe and successful reintegration of adults and juveniles returning home from incarceration by promoting policy that removes barriers to productive citizenship.

Strategies Empowerment Group.....758-0788

www.empowerme2day.com

Providing support services for youth and adult ex-offenders. Individualized plans developed. Some fees may apply.

Diversity Community Foundation.....888-521-7986

1008 Bullard Crt. #203D, Raleigh 27615

www.turningboysintomen.com

Providing educational assistance in prevention for youth and reconciliation for the previously convicted.

Diversity Community Foundation is a non-profit organization that is committed to the success of minority males from 8th grade to age 21 in making positive contributions to society. Diversity Community Foundation's primary goals are to decrease minority male high school dropout rate, decrease minority male incarceration rate, and increase minority male literacy through college and career readiness. This program provides access to study & life skills, cultural enrichment and job training for those who have the desire and drive to excel.

Divine Interventions After care Network.....616-3477

P.O. Box 46738, Raleigh 27620

www.dianetwork.org

Pre-entry plans and providing outreach and resources that support successful transitions. **Whether rebuilding life after incarceration, drug use, homelessness, or any other life challenge, Divine Intervention Aftercare Network is ready to support with respect, realistic readiness evaluations, and a network of resources.**

Employment Security Commission.....733-4896

3351 Carl Sandburg Crt., Raleigh 27610

www.ncesc.com

Assists job seekers with criminal background, older workers, summer youth, and persons with disabilities.

Fathers Forever.....332-5793

451 New Bern Ave. #130-227, Raleigh 27610

www.afatherforever.com

Fathers Forever's first priority is fathers who are delinquent in their child support payments. The Judicial System can refer participants to us as a jail diversion and Child Support agencies can refer clients to us as a preventative measure. We will also take referrals from other community support agencies.

North Carolina Legal Services Inc.....856-2212

1110 Wake Forest Rd., Raleigh 27604

www.ncpls.org

Non-profit protecting clients constitutional rights by challenging illegal convictions and sentences. Monitoring of conditions in county jails throughout the state.

FINANCIAL ASSISTANCE

American Red Cross.....231-1602

www.trianglredcross.org

100 North Peartree Lane, Raleigh 27610

Providing assistance for disaster or disaster related crises such as flood, fire, and severe weather, etc.

Church Net.....569-0020

121 East South Ave., Wake Forest 27587

Assistance provided to residents of Wake Forest, Youngsville, and New Hill for past due utilities. ID and social security cards required.

Community Partnerships, Inc. (First in Families).....781-3616

3522 Haworth Drive, Raleigh 27609

www.compart.org

One time financial assistance for adults with a diagnosed developmental disability or for parents that have a child with a diagnosed developmental disability in the home.

Dorcas Ministries.....469-1351

1231 NE Maynard Road, Cary, NC 27511

www.dorcas-cary.org

Monday through Friday 10 a.m. – 1:00 p.m. Emergency financial assistance for rent, utilities, and prescriptions for only residents of Cary, Apex, Holly Springs, Willow Springs, Friendship, New Hill and Morrisville areas. Food pantry, educational, and childcare assistance also available. Proof of residence and picture ID required.

W.E.B Dubois Community Development Corporation.....556-0709

150-A North White Str., Wake Forest, N. C. 27588

www.duboiscdc.org

Financial assistance to Wake Forest area residents. Food pantry, clothing closet, household items and computer donations available.

First Presbyterian Church Outreach Ministry.....833-4070

1240 W.Hargett Street, Raleigh, NC 27601

Must call for an appointment: Monday starting at noon & Tuesdays starting 9:30 until appointments are filled. Must be working at least 30 hours or disabled or retired receiving assistance, some type of benefits.

Garner Area Ministries.....772-9100

560 Village Court, Garner, NC 27529

Monday thru Friday, 9:00am-12:00noon. Serves residents of Garner and closely surrounding areas(zip codes 27603, 27610). Past due utilities and rent with eviction notice.

Lifeline & Link-up (NC Utilities Commission)733-9277

www.usac.org

Low income individuals receiving SSI, Food Stamps, Medicaid, WorkFirst or housing assistance can apply for discounts for basic telephone service.

Assurance Wireless.....888-359-4205

Safe Link Wireless.....800-977-3768

North Hills Crisis Center.....844-6676

9650 Strickland Rd, Ste.161, Raleigh 27615

Mon thru Thursday. Call for appt. between 10am-1pm. Help with rent, prescriptions, utilities, food.

Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

Sacred Heart Cathedral.....832-6030

200 Hillsborough Street Raleigh 27610

Please come by on Wedn. To register for an appointment. Amount of assistance based on availability of funds and requirements.

Salvation Army.....834-6733

215 S. Person St., Raleigh, NC 27601

Call on Friday from 8-9a.m. for appt. Will pay up to \$100.00 towards a utility bill, rent, or prescription for medication if the following requirements are met (no assistance with rent deposits or first month's rent): Must bring 1) NC ID card or valid photo ID, 2) Social Security card or immigrant ID card; 3) Proof of currently working 30 hours per week, or currently receiving Social Security benefits, unemployment pay or have been laid off within the past 6 months; 4) Proof of a rent/mortgage payment at the address on the bill (ex, recent rent receipt, current lease, letter on letter head from landlord, canceled check or money order receipt); 5) Final notice for a utility bill,

proof of utility deposit or court eviction papers for rental assistance. (If disabled, must have proof of disability benefits.)

Southern Wake Faith Community in Action.....567-8100
605 Bridge Street, Fuquay Varina 27526
Tuesday and Thursday, 9am-11:45 am. Fuquay Varina and Willow Springs residents only.

Triangle Family Services/Emergency & Housing Services Assistance Program.....821-0790

3937 Western Blvd., Raleigh, NC 27603 (main office)

www.tfsnc.org

Financial services for eligible families with rent, utilities, and transportation. Case management and financial skill building. Emergency housing assistance for families with minor children.

“Under One Roof”571-6600

3622 Haworth Drive, Raleigh 27609

Financial assistance with rent, utilities, and transportation for persons with HIV/AIDS by appointment only.

Wake County Human Services – Energy Program.....212-7000

220 Swinburne Street, Raleigh, NC 27610

Monday through Friday 7:30 a.m. - 5:00 p.m. Must register by 4:00 p.m. Assistance with electricity with final or disconnect notice. Walk in on date of notice. Must be income eligible and meet other criteria. Limited transportation (bus tickets) and food referrals available. Call for additional information.

East Triangle of Churches.....365-6557

421 Mattox Str., Wendell 27591

Call to apply. Cases assessed on individual basis. Rent, electric, and fuel one time per year to WENDELL RESIDENTS ONLY.

Western Wake Crisis Ministries.....362-0657

103 E Chatham St., Apex, NC 27502

Monday-Thursday 10:00 a.m. - 1:00 p.m. last sign in at 12 noon. Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas. Financial assistance available with documented crisis once every 12 months.

Catholic Charities of the Diocese of Raleigh.....821-9750

www.dioceseofraleigh.org

715 Nazareth Str. Raleigh 27606

Private non-profit social services agency. Provides emergency assistance, family support services, counseling, and community advocacy in Spanish and English.

FOOD RESOURCES

FOOD PANTRIES

Angel Food Ministries.....832-7112

718 Hillsborough Street, Hillyer Memorial Church, Raleigh 27603

www.hillyerchurch.org

Providing discount food orders purchased in bulk. Pre-ordering required. Cash and EBT accepted. Some locations with debit and credit card orders. No income restrictions. See www.angelfoodministries.com for sample menu and locations in Raleigh, Cary, Fuquay Varina, Garner, Wendell, and Zebulon.

Brooks Avenue Church of Christ.....821-2400

700 Brooks Avenue, Raleigh, NC 27607

www.brooks.org

Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.

Capital City Christian Church.....851-5958

4131 Western Blvd., Raleigh 27606

1st and 3rd Mondays of the month; 11:30am-12:30pm. Serving zip codes 27603, 27606, 27607.

Catholic Parish Outreach.....834-9680

2013 North Raleigh Blvd., Raleigh 27604

www.cporaleigh.org

Monday through Saturday, 10:00am-1:00pm. *Referral required.* I.Ds required for all family members receiving assistance. Provides up to a week of groceries once every 30 days.

Chest of Hope Food Pantry831-1200

3309 Cedar Springs Drive, Living Waters FGB Church, Raleigh 27603

Saturday mornings from 9:00 a.m. – 12 noon. Need N. C. ID

Dorcas Ministries.....469-1251
1231 Northeast Maynard Road, Cary, NC 27513
www.dorcas-cary.org

Monday -Friday, 10:00 a.m. - 1:00 p.m; Sign in by 12:30 p.m. Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship. ID and proof of residence required.

Fuquay Emergency Food Pantry552-7720
216 West Academy Street, Fuquay Varina, N. C. 27526
Open Tuesday 9:00 a.m. –11:45; and Thursday 2:00 – 5;45 p.m. Willow Springs and Holly Springs residents only.

Garner Area Ministries.....772-9100
560 Village Court, Garner 27529
Monday- Friday, 9:00am-12:00noon. Must be a resident of the Garner area or zip code 27603 and 27610. Every 3 months. Some gas assist available.

Islamic Association of Raleigh834-9572
808 Atwater Str., Raleigh 27607
www.raleighmajid.org
Wake County residents only. Muslim and non-Muslim residents served. Every 1st Saturday of the month.

Lincoln Park Holiness Church832-5119
13 Heath Street, Raleigh, N. C. 27610
By appointment only. On bus route.

Longview United Methodist Church.....834-7554
2312 Milburnie Rd., Raleigh, NC 27610
Food pantry on 2nd and 4th Wednesdays 12:30pm – 3:30pm. Must be a resident of Raleigh, ID required.
MUST CALL FOR AN APPOINTMENT.

North Raleigh Ministries.....844-6676
9650 Strickland Rd., Ste. 161, Raleigh, NC 27615
Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).

Salvation Army.....834-6733
215 S. Person Street, Raleigh, NC 27601

<http://www.keepthebellringing.org>

Call for appt. on Fridays between hours of 8am-9am. May receive food assistance once every 3 months. Must bring Social Security cards for household members, an NC ID card, and a recent rent receipt or proof of residence. Individuals or families must have a permanent residence to receive the food bags.

Tri-Area Ministries556-7144

149 E. Holding Ave., Wake Forest, NC 27588

Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.

Serves mainly Wake Forest, Rolesville and Youngsville residents.

Under One Roof.....571-6600

3622 Haworth Drive, Raleigh 27609

Free counseling, financial assistance and initial intake by appointment only.

Walk-in food pantry and bus ticket assistance available Monday, Tuesday, Wednesday, Friday 9:00 a.m. – 4:30 p.m. and Thursday 9:00 a.m. – 5:00 p.m.

Urban Ministries Crisis Intervention Center834-4707

1390 Capital Blvd., Raleigh 27603

Monday through Friday 9:00 a.m. – 1:00 p.m.

Limit 25 people per day, subject to availability. Every 3 months.

Referrals made to other agencies for food also.

Wake Relief.....833-6400

616 Tucker St., St Saviors Church (bottom floor), Raleigh, NC 27603

Mondays 1:00 - 3:00 p.m.; Tuesday 1pm-3pm; Wednesday and Friday 10:00 a.m. - 12:00 noon. Wake County Human Services/Financial Case Manager referral required. Will provide a week's supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.

W.E.B. Dubois Community Development Corporation.....5556-0709

150 A North White Street, Wake Forest 27587

Serves Wake Forest residents.

Western Wake Crisis Ministries.....362-0657

103 E Chatham St., Apex, NC 27502

Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.

Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.

With Love from Jesus.....233-8010
421 Chapanoke Rd., Raleigh 27603
www.withlovefromjesus.org
Distribution behind shopping center. Tues, Wedn., Fri. and Sat. distribution.
No ID, proof of residence, or referral needed.

The Women's Center 829-3711
128 E. Hargett St., Raleigh, NC 27601
www.wcwc.org
Resource for women. Food referrals available by appointment and subject
to availability. Emergency food given when no other resources available.

HOPE.....662-8059
3807 JUNCTION BLVD., Raleigh 27603
11:00 am - 1:00 pm Wednesdays

Second Harvest Food Bank.....875-0707
3808 Tarheel Dr., Raleigh 27608
Call for hours.
North Carolina Food Bank
www.foodbankcenc.org
Can provide zip code specific information regarding emergency food pantry
participants.

Common Cents Integrity Grocers.....787-8177
6904 Glenwood Ave., Raleigh, NC 27606
½ price groceries b/c of seasonal, discontinued items, packaging changes, damaged
packaging, and near expiration. Also carrying household items, pampers, pet products,
toiletries. No frozen or refrigerated items. EBT accepted. Mon-Fri-11am-7pm, Sat. 8am-
6pm, Sun 11am- 5pm

FOOD-MEALS

First Baptist Church.....832-1649
101 S. Wilmington St., Raleigh, NC 27601.
Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m.
service.

Shepherd's Table Soup Kitchen.....831-2010
121 W. Morgan St., Raleigh, NC 27601
www.shepherds-table.org
Monday through Friday, hot lunch served 11:00 a.m. - 12:00 noon.

Salvation Army.....834-6733
215 S. Person Street, Raleigh, NC 27601
The evening soup line is open to the public Monday through Friday from 5:00 p.m. until 6:00 p.m. No identification information is required to receive a meal through the soup line – *the soup kitchen is open to all members of the community.*

The Women’s Center.....829-3711
128 E. Hargett Street, Raleigh, NC 27610.
For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

Meals on Wheels.....833-1749 or 832-2592
616 Tucker Str., Raleigh 27603
www.wakemow.org
Home delivered meals for the disabled and home bound seniors.
Congregate dining program also available at sites throughout Wake County

FOOD STAMPS

Wake County Human Services.....212-7000
220 Swinburne Road, Raleigh, NC 27610
Monday through Friday, walk-in to apply 7:30 a.m. daily. The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions, bank statements (if applicable).

WIC (Women, Infants, and Children) PROGRAM.....250-4720
Public Health Center
10 Sunnybrook Road, Raleigh, NC 27610
Monday through Friday 8:30 a.m. - 5:15 p.m. Call to schedule an appointment to apply. Bring proof of identification, residence and household income. Eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women, breastfeeding who have had a baby in the last 12 months, women who have had a baby in the last six months and children under five. Vouchers are given out for food that

includes milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

HOUSING –EMERGENCY SHELTERS

Easter Seals UCP of North Carolina-ASAP.....270-8067
2315 Myron Drive Raleigh 27607 **1-800-662-7119**

www.nceasterseasupc.com

Provides emergency respite and planned respite care to children of fragile families from homelessness, substance abuse, illness, stress of parenting, etc. Services provided by trained professional and/ or volunteers in home of host family.

The Healing Place (Men’s Facility).....838-9800
1251 Goode Drive, Raleigh, NC 27603

Serving homeless men from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Walk ups not allowed. To enter the emergency shelter, men must be at the South Wilmington Street Center by 3pm each day for the van pickup.

The Healing Place (Women's Facility).....
865-2550

3304 Glen Royal Road, Raleigh, NC27617

Serving homeless women from Wake County, ages 18 and older. Offers overnight shelter, 3-5 day non-medical detox center, 7-12 month long-term recovery program. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at Blount and Hargett Streets by 3:00 pm each day for the van pick-up.

The Helen Wright Center for Women.....833-1748
401 W. Cabbarus Street, Raleigh, NC 27601

Serving homeless women, no families. Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to 4:00pm weekdays. You will be contacted when a bed is available. Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients. Initial stay is two months; assigned case manager must approve extensions.

*****Emergency Housing is available during White Flag nights*****

Interact.....828-7740
Shelter for victims of domestic violence. Call for assistance. Average 1-2 month length of stay. All meals provided.

Raleigh Rescue Mission
314 E. Hargett Street, Raleigh, 27601

Men:.....828-9014 ext.231
Women:828-4980 ext.111

Homeless men, women, & families

Men: Life Plan Program - – Long term program that focuses on breaking the cycle of homelessness and requires participants to work inside the Mission before working in outside jobs.

Women: Emergency Shelter - Women/ and or women and children’s emergency beds are assigned based on availability, Mon – Fri (closed on weekends and holidays). Arrive at 4pm to find out about availability. Male children must be 12 years or younger.

Safe Space Inc.....(Crisis Line) 497-5444
www.safespace.org

Domestic violence shelter for Franklin county and surrounding counties. All services are provided confidentially. Crisis line operates 24/7. Open Mon-Fri 9am-5pm. Assistance shelter, financial, court advocacy, and support groups available.

Salvation Army.....834-6733
215 S. Person Street, Raleigh, NC 27601

Women with children (boys 12 yrs of age and under & girls up to age 17). Must arrive at 3pm for overnight shelter. Call to get on waiting list. Case management provided. Case management once per week, meals three times per day, weekly parent support groups & workshops, tutoring for children, access to a children’s medical clinic, and access to our after-school program. Must pass a drug test on admission. Residents are required to work or be active in a training/treatment program after admission into shelter.

South Wilmington Street Center.....857-9428
1420 South Wilmington Street, Raleigh, NC 27603

Homeless men, age 18 and older. Hours/Days: 7 days, 24 hours. Check-in is from 5:00 p.m. – 7:00 p.m. (anytime for new guests). Emergency shelter beds distributed daily using a lottery system, except for new guests who are guaranteed a bed for their first night only. All guests have access to services such as meals, comprehensive case management, and information and referral assistance. A transitional program and access to permanent

housing assistance is also available to those motivated to become self-sufficient.

**Overflow emergency shelter is available during winter White Flag nights.*

PLM Families Together.....212-1123

908-101 Plainview Drive (Administrative Office)

1410-105 Brookside Drive, Raleigh, NC836-9191

www.plmft.org

Families with children

Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Wake Interfaith Hospitality Network.....832-6024

Day Center – 903 Method Road, Raleigh, NC 27606

www.wihn.org

Married Couples with or w/out children; single persons with minor children, single pregnant women in 1st or 2nd trimester. Short-term shelter program; application and background required. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Day Center.

Wrenn House (Haven House).....833-3312

908 W. Morgan Street, Raleigh, NC 27607

www.havenhouse.org

Adolescents aged 10-17. Crisis intervention program for youth/families. 24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 21 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling.

White Flag Initiative: White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

HOUSING-TRANSITIONAL HOUSING

- AME Incentive Program.....834-3734**
412 Capital Blvd., Raleigh 27606
Housing for single men. Capacity 40. Shared living space. \$60 per week.
Some meals provided.
- The Caring Place.....462-1800**
919 Kildaire Farm Rd., Cary 27511
www.caringplace.org
Working Families with children
6 Families with a maximum of three children per family. 4 Month stay. Six 2-Bedroom Units. Attendance of weekly life skills training sessions required. Must be employed, working full-time and homeless.
- Triangle Family Services836-8633**
700-101 Blue Ridge Rd., Raleigh, N. C. 27606. Info available at
<http://www.tfsnc.org>
Homeless Prevention and Rapid Re-housing program. Family must have a source of income. Application and assessment required. Call for an appointment.
- Incentive Housing Dormitory (IHD).....856-6109**
220 Snow Avenue, Raleigh 27603
Homeless Men Returning to Self-Sufficiency. Capacity for 19 Men. Length of stay is 1-6 Months. Studio Apartments (located inside the Cornerstone Building, Snow Ave.)
Extension of South Wilmington Street Center’s transitional housing program, the program offers intensive case management, substance abuse support, and life skills development; voluntary program with a monthly program fee.
- Women’s Center of Wake County – Epiphany House.....829-3711**
128 East Hargett Str., Raleigh 27601
www.wcwc.org
Single Women with no children. Capacity for 4 women in a shared home environment.
- PLM Families Together.....212-1123**
908-101 Plainview Drive (Administrative Office)
1410-105 Brookside Drive, Raleigh, NC 836-9191

www.plmft.org

Families with children

Short-term transitional housing up to 3 months. Separate living quarters, weekly case management visits, life skills training, and after school program. Call to make a referral or schedule a screening assessment Mon-Fri. 9am-5pm.

Step-Up Ministry.....781-0156

1701 Oberlin Rd, Raleigh 27608

www.step-up.org

Promote self-sufficiency. Program offers employment services, life skills, and transitional housing. Candidates attend a weeklong orientation before applying to any program. Orientation is open to adults 21 years or older. Must be employed for at least 6 months, full or part time, or enrolled full or part time in an educational or vocational program.

Christian Fellowship Home.....833-6030

506 Cutler Str., Raleigh 27603

www.cfhraleigh.org

Half way house for men recovering from substance abuse. Referral required. Length of stay averaged 4 to 6 months. Program fee, 11pm curfew, attending AA, and work required during stay.

Passage Homes.....834-0666

712 West Johnson Str., Raleigh 27603

www.passagehome.org

Harriet House provides re entry support services for 24 months for mothers exiting prison.

Matthew House provides 12 month program for women with children experiencing homelessness.

Hustead House.....829-0806

People with AIDS that need daily care. Five Beds. As Long as Desired. Residential facility for people with AIDS that need daily care. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

Mission House for Women.....829-0806

Group home setting for homeless women with substance abuse or mental health issues; provides basic living, budgeting, and employment skill training in supervised independent living quarters.

Oxford House.....(800)486-6488

www.oxfordhouse.org

General Information: Self-run, self-supported group housing for recovering substance abusers; various homes in Raleigh; Fees required.

Arrowwood:	Holly Drive:	Wimbleton:
877-0151	844-3573	7816505
Brinkley:	Lorimer:	State Office
981-6523	851-1756	668-1998
Brentwood:	Mordecai:	
876-9260	0000000	
Crosslink:	Northclift:	
755-0603	844-3543	
Firelight:	Northhills:	
834-8139	844-8311	
Garner:	Oakridge:	
329-0325	468-9306	
Hearth:	Pincrest:	
875-9656	873-9212	

Emmaus House.....327-2545

10 North East Str., Raleigh 27601

Providing housing to single men in recovery. Rent fees required. Portion of rent kept in savings plan for residents to move out.

Christian Home Life.....510-5400

P.O.Box 31705 Raleigh 27601

www.christianlifehome.org

Residential maternity home for pregnant women ages 10-23. Cannot have any other children with them. Discharge from home will occur at the time of the discharge from the hospital following child's birth.

Southlight.....787-6131

3125 Poplarwood Ct. #203, Raleigh 27604 (Admin. Office)

www.southlight.org

Supervised living for pregnant and post partum homeless substance abusing women. Housing and treatment provided.

Lutheran Family Services.....832-2620

616 Hutton Str., Raleigh 27606

www.lfscarolinas.org

Transitional housing program for adults with severe persistent mental illness. Housing, transportation, job training, and clinical counseling services provided for 12 months.

Florence Crittenton Service of NC.....704-372-4663
1300 Blythe Blvd., Charlotte NC 28203
www.fcsnc.org

Maternity home for women ages 10-40. Application required. Referral from State social worker needed

OTHER HOUSING PROGRAMS/SERVICES

Raleigh Housing Authority.....919-831-6620
900 Haynes Street, Raleigh, NC 27604
Public Housing and Housing Choice Vouchers, Scattered Sties housing

Wake County Housing Authority.....919-269-6404
100 Shannon Street, Zebulon, NC 27597
Public housing and Housing Choice Vouchers

Supportive Housing Program.....856-5277
Provides case management services to help participants maintain housing.
Offers housing education through the Ready To Rent class. Call for dates and location,

CASA.....754-9960
624 West Jones Str., Raleigh 27610
www.casanc.org
Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability. There are some limited housing for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA. Must have a service provider (250-1260 for list of service providers)

NC Housing Search
www.nchousingsearch.org

Search for affordable housing options by area, size, price, and other categories.

North Carolina Human Relations Commission.....789-5930
121 West Jones Street, Raleigh NC 27603
This state agency enforces the fair housing laws. You can file complaints with them or get information on fair housing.

ARE YOU READY TO RENT?

Before you begin your housing search, review the following steps for helpful housing hints.

FIRST: Determine what you can afford and order your credit report.

According to HUD, Affordable means:

- A family should not spend more than 30% of their gross income for rent and utilities combined.
- A family who is spending more than 50% of their gross income on housing is in serious crisis and is at a high risk for homelessness.

Multiply your monthly income by .30 to determine the maximum rent and utility you should pay.

$$\begin{array}{r} \underline{\hspace{2cm}} \\ \text{monthly income} \end{array} \times .30 = \begin{array}{r} \underline{\hspace{2cm}} \\ \text{affordable rent \& utility} \end{array}$$

To order your credit report call:

Equifax at 1-800-685-1111 or order online at www.equifax.com

Know what's on your credit report. Take the time to improve your rating before you apply for housing.

SECOND: Determine your Move-In Costs and SAVE

Estimate the amount you'll need to move into your new home. You may have to save for some or all of the following:

<i>Security Deposit</i>	<i>\$300</i>
<i>First Month Rent</i>	<i>\$600</i>
<i>Gas Deposit</i>	<i>\$150</i>
<i>Water Deposit</i>	<i>\$50</i>
<i>Telephone</i>	<i>\$150</i>
<i>Truck Rental -</i>	<i>\$30</i>
<hr/>	
TOTAL ESTIMATED MOVING COSTS	\$1,280

Note: These are only estimates. Your actual move-in costs may be more or less than \$1,280.

Deposit amounts can be very high or low and the amount depends on your credit rating, your previous pay history with the utility company and the previous utility history at the new home in which you plan to move. If you are moving, call the utility company well before you move to get an idea of what your deposit may be.

Tips:

Truck Rentals may be cheaper during the week. Call around to get the best rates.

Get family and friends to help you move instead of renting a truck.

THIRD: Locate Housing

Here are a few things to consider when choosing a home:

Do I NEED/WANT a home close to my employer to reduce gas cost and transportation fees?

Do I NEED/WANT a home in close proximity to my child's school?

Do I NEED/WANT a luxury unit with a high rent or can I take a smaller unit with a lower rent and use

the money I save to pay off bills and build my emergency savings account?

Once you've made a list of your wants and needs for the type of unit you seek, check the following websites for housing resources.

www.wakegov.com - enter 'Housing' in the search feature. Select 'Renting - Vacancies'

www.hud.gov - select the 'A to Z' search and choose 'Subsidized Apartment Search'

www.rurdev.usda.gov - select 'List of Apartment Complexes'

www.nchfa.com - follow the 'Renters path'

FOURTH: Tips for establishing a good rental history.

TIPS:

- √ Pay your rent on the 1st of the month. Your rent is the most important payment and usually the largest. Make paying your rent on time a priority - always pay it first.
- √ Create a monthly budget and use it to plan how you'll spend your money.
- √ Rental agreements should be in writing. Read your lease agreement and ask questions if you don't understand the terms.
- √ Contact your landlord as soon as you know you'll have problems with paying your rent on time. Some landlords may work with you if you've paid your rent on time in the past and are in good standing with the landlord.

For additional information on Ready To Rent classes call 919-856-5277 for details or visit

www.wakegov.com/humanservices/economic/housing/resources

FAIR HOUSING IS THE LAW

The Fair Housing Act prohibits discrimination in housing because of:

- Race or color
- National origin
- Religion
- Sex
- Family Status (including children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18)
- Handicap

What Housing Is Covered?

The Fair Housing Act covers most housing. In some circumstances, the Act exempts owner-occupied building with no more than four units, single-family housing sold or rented without the use of a broker and housing operated by organizations and private clubs that limit occupancy to members.

What is Prohibited?

In the Sale and Rental of Housing: No one may take any of the following actions based on race, color, national origin, religion, sex, familial status or handicap:

- Refuse to rent or sell housing
- Refuse to negotiate for housing
- Make housing unavailable
- Deny a dwelling
- Set different terms, conditions or privileges for sale or rental of a dwelling
- Provide different housing services or facilities
- Falsely deny that housing is available for inspection, sale or rental
- For profit, persuade owners to sell or rent (blockbusting)
- Deny anyone access to or membership in a facility or service (such as a multiple listing service) related to the sale or rental of housing.

Protections For People With Disabilities

- People with handicaps are to be treated the same as other people.
- Accommodations should be made for handicapped person that are not required for others:
 - Reasonable changes or exceptions to rules may be necessary. Example: A landlord must make an exception to a “no-pets” policy to allow a tenant who is sight –impaired to live with his/her seeing eye dog.

- Handicapped tenants must be allowed to make reasonable changes to properties if they are necessary to allow the tenants to use the property. The landlord's duty is to permit the changes, NOT pay for them. Example: A landlord must allow a handicapped tenant to install a wheelchair ramp, but is not obligated to pay for it.
- Apartment buildings with four or more units built after March 12, 1991 must be accessible to the physically handicapped.

If You Are Discriminated Against You can file a complaint with:

**North Carolina Human Relations Commission
121 West Jones Street
Raleigh, NC 27603-1336
(919)733-7996 or 1-800- 662-7030**

The Human Relations Commission is a state agency that enforces the Fair Housing Law

Subsidized Housing			Seniors Only	Families / singles
Baytree Apts	113 Bay Tree St, Fuquay Varina	919-552-2216		√
Carriage House	116 St. Mary's St, Raleigh	919-831-6340	√	
Cary Central	122 S. Harrison St., Cary	919-934-6066	√	
Cedar Crest New Life Center	2821 Ladies Dr, Raleigh	919-828-1192	√	
Cedarmoor	2448 Melvid Ct, Raleigh	919-231-9596		√
Chadwick Apts	305 East Garner Rd, Garner	919-772-5430	√	
Club Plaza	2835 Club Plaza Rd, Raleigh	919-662-1910	√	
Cosmo & Lewis Estates	1121-102 Hadley Rd, Raleigh	919-832-1119	√	
Crestfield Apts	719 Marshburn Rd, Wendell	919-365-6001	√	
Dorothy Nixon Allen Manor	127 New Hill Rd, Holly Springs	919-552-1825	√	
Episcopal Hsg Ministry	Po Box 17111, Raleigh 27619	919-881-0110	√	
Fuquay-Varina Homes for Elderly	1012 S. Main St, Fuquay-Varina	919-552-3671	√	
Glenwood Towers	509 Glenwood Ave, Raleigh	919-831-6768	√	
Highland Manor Apts	200 Highland Manor Pl, Cary	919-463-7774	√	
Holly Springs Apts I	127 New Hill Rd, Holly Springs	919-552-9725	√	
Holly Springs Apts II	215 Earp St, Holly Springs	919-552-1825	√	
Lynnwood Park	6200 North Hills Dr, Raleigh	919-847-0349	√	
Magnolias	2151 Glascock St, Raleigh	919-833-9365	√	
Meadows at Brier Creek	11700 Arnold Palmer Dr, Raleigh	919-572-5147	√	
Millbank Court Apts	1201 Glascock St, Raleigh	919-833-4827		√
Murphey School	443 N. Person Rd, Raleigh	919-831-1072	√	
Pine Hill Apts	1650 Royal Pines Dr, Raleigh	919-212-0667	√	
Raleigh Gardens	6145 Giles St., Raleigh	919-781-9538		√
Raleigh North	1201 Glasscock St., Raleigh	919-833-4827		√
Rich Park	1822 Gormon St., Raleigh	919-833-8891		√
Roanoke Commons Apts	2911 Madelyn Watson Ln. Raleigh	919-546-0052	√	
Sir Walter Apts	400 Fayetteville St Mall, Raleigh	919-832-1300	√	
Summershaven	511 E. Martin St, Raleigh	919- 828-5786	√	
Turnberry Apts	755 S. White St, Wake Forest	919-554-9743	√	
Wintershaven	500 E. Hargett St, Raleigh	919-828-9464	√	
Woodland Apts	815-A Suffolk Blvd	919-833-0908		√

Homeownership Education

Agency	Phone	Services
Triangle Family Services 3937 Western Blvd. Raleigh 27606 www.tfsnc.org	919-821-0790	Homebuyer Education, Loss Mitigation, Money/Debt Management, Mortgage Delinquency, and Default Resolution Counseling,
DHIC Homeownership Center 113 S. Wilmington Str. Raleigh 279601 www.dhic.org	919-832-4345	Homebuyer education, pre-purchase counseling, revolving loan fund
Passage Home CDC 712 W. Johnson Str. Raleigh 27603 www.passagehome.org	919-834-0666	Pre-purchase counseling, renter's assistance
Resources for Seniors 1110 Navaho Drive #400 Raleigh 27606 www.resourcesforseniors.com	919-812-7933	Home equity conversion Mortgage Counseling
Habitat for Humanity of Wake County 2470 Raleigh Blvd. Raleigh 27604 www.habitatwake.org	919-833-1999	Construction and sale of affordable homes for low-income households, www.habitatwake.org
USDA Rural Development www.rurdev.usda.gov	919-934-6089 ext 4	

NC Housing Finance Agency.....877-5700
 3508 Bush Str., Raleigh 27609 **(800)393-0988**
www.nchfa.org
 Low interest rates, down payment assistance, foreclosure prevention

Raleigh Area Development Authority (RADA).....807-8400

4030 Wake Forest Rd #205, Raleigh 27609

www.rada-nc.org

Foreclosure prevention services. Homeowner education.

www.fightNCforclosure.org.....(866)234-4857

Active partnership with HUD approved housing counseling agencies, legal assistance organizations, mortgage servicers and community organizations to assist home owners to avoid foreclosure.

HOME REPAIR AND REHABILITATION

Cary Housing Rehabilitation Program.....462-3887

316 N. Academy Str., Cary 27511

Loan program for home repairs. Loan converts of grant that is forgiven if homeowner remains in home 5 years. Elderly, disabled, and low income.

City of Raleigh Community Development.....996-4300

310 W. Martin Str., Raleigh 27610

www.raleigh-nc.org

Deferred payment home rehab loans for low income elderly homeowners living in City of Raleigh. Some home repairs loans offered to other low income households. Loan programs for moderate income families for home rehabilitation also available. Call for more information.

Weatherization Assistance Program.....713-1543

1104 Navaho Dr. #400, Raleigh 27606

www.resourceforseniors.com

Household with elderly, disabled, and children under 18. Must meet income eligibility. Can be a rental property. Tune up & repairs on heating and cooling system, sealing and insulating ducts, installing insulation in walls, floors, and attics, etc.

Rebuilding Together of the Triangle.....341-5980

324 S. Wilmington Str. #118, Raleigh 27601

www.rebuilttogethertriangle.org

Rehabilitation of homes for low income families. Volunteer based and materials are donated. Homeownership and residency in the home required. Must meet income guidelines. Serving Wake, Durham, Chatham, and Orange counties.

Wake County Emergency Grant Program.....773-4446

Raleigh and Garner residents may apply. This program is offered to low income residents that are in need of emergency repairs to their home. Eligible repairs include but are not limited to HVAC, Well/Septic systems, and roof repairs. One time only \$5000 program limited to emergency repairs. Homeowner must reside in property, property taxes are current, proof of income, most recent bank statements, and meet income requirements.

HYGIENE SERVICES (Laundry, Showers, Toiletries)

Cornerstone.....508-0777
 220 Snow Avenue, Raleigh 27603
 Monday-Friday 8:30- 5pm. Offering showers, laundry services, and toiletries from Mon-Fri 1:30pm-4:30pm. Subject to availability.

The Women’s Center.....829-3711
 128 E. Hargett Str., Raleigh NC 27601
 Collection of donated toiletries are distributed to those in need.

IDENTIFICATION

BIRTH, DEATH, MARRIAGE, DIVORCE, SOCIAL SECURITY CARDS, DRIVER’S LICENSE

N. C. Division of Vital
 Records.....855-4400
 225 N. McDowell St., Raleigh, N. C. 27601
www.vitalchek.com

Can immediately obtain birth certificates in person from any North Carolina county. \$24.00 fee; \$15.00 fee for each additional copy. Death , marriage, and divorce certificates available also
 Can use a credit card for requests online or by fax or telephone (1-800-669-8310)

Wake County Vital Records Division.....856-5218
 One Bank of America Plaza
 421 Fayetteville Str., #300, Raleigh
www.web.co.wake.nc.us/rdeeds

Monday through Friday 8:30 a.m. – 5 p.m. Wake County birth and death certificates. Must bring driver’s license and \$10.00 fee.
 For more information on birth, death, marriage and divorce certificates:

Wake County Birth certificates also issued at:
Eastern Regional Center,
1002 Dogwood Dr., Zebulon, N. C. 27597404-3900
Southern Regional Center,
130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501
Northern Regional Center
350 E. Holding Ave. Wake Forest NC.....562-6300

SOCIAL SECURITY CARDS:

Social Security Administration790-2782
4701 Old Wake Forest Rd., Raleigh, N. C. 27609
Monday through Friday 9:00 a.m. – 4:00 p.m. Walk-in; identification
required. Takes 12 – 14 days to get card. On-line services available at
www.socialsecurity.gov/onlineservices

N. C. STATE IDENTIFICATION CARD/DRIVER'S LICENSES:

N. C. Division of Motor Vehicles816-9128
1110 New Bern Ave., Raleigh 27607
www.ncdot.org/dmv (see for list of other locations)
Many services available online.
Monday through Friday 8:00 a.m. – 5:00 p.m. Valid or expired photo ID or 3
forms of approved identification required.

OTHER ID (FOR HOMELESS INDIVIDUALS):

South Wilmington Street Center (SWSC) Resource Room857-9428
1420 S. Wilmington St., Raleigh, N. C. 27603
Friday 12:00 p.m. – 2:00 p.m.
ID FOR MEN and WOMEN

LATINO FAMILY RESOURCES

Catholic Charities.....873-0094
2013 North Raleigh Blvd, Raleigh 27604
www.cpfhraleigh.org
Family support, parenting programs, support groups. ESL, GED, HEP,
computer classes available.

National Migrant Education Hotline.....800-234-8848
www.escort.org

National Council of La Raza202-785-1670

www.nclr.org

Advocacy organization for Hispanic rights and interests.

El Pueblo, Inc..... 835-1525

4 North Blount Str. #200, Raleigh 27601

www.elpueblo.org

El Pueblo is a N. C. non-profit statewide advocacy and public policy organization dedicated to strengthening the Latino community. Provides leadership development, proactive and direct advocacy, education, and promotion of cross-cultural understanding in partnerships at the local, state and national levels

Governor’s Advisory Council on Latino Affairs..... 733-5361

116 West Jones Str., Raleigh 27603

Hispanic Ministry Coordination..... 468-3013

Coordinates Hispanics ministries for 13 parishes in Wake and Franklin Counties

Immigrants Legal Assistance Project - NC Justice Center..... 856-2570

224 S. Dawson St. Raleigh, NC 27601

www.ncjustice.org

The North Carolina Justice Center provides legal assistance to low-income North Carolinians in selected, “high-impact” cases that are designed to help alleviate poverty by protecting or expanding important rights for large numbers of vulnerable people. Client intake for immigration law matters takes place on alternate Tuesdays from 9:00 a.m. to 5:00 p.m. only. Appt. required; no “walk-ins”.

Hispanic Ministry Coordinator.....468-3013

Coordinates Hispanic ministries for 13 parishes in Wake and Franklin counties

Harvest of Hope Foundation.....(888)922-4673

www.harvestofhope.net

Providing emergency aid and assistance to migrant farm worker and their families with education, immunizations, medical and social services.

Interact..... 828-8320

**24 Hour Crisis Lines: Domestic Violence: 828-7740 Sexual Assault:
828-3005**

612 Wade Avenue, Raleigh

www.interactofwake.org

Interact is a private, non-profit, United Way agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. Services are confidential and free of charge.

Latino Community Credit Union

1420 Hardimont Rd., Raleigh 27609.....855-9696

4418 Fayetteville Rd., Garner 27603..... 773-9180

www.latinoccu.org

Open Monday-Thursday; 9am-5pm and Friday 9am-6pm.

Services tailored to new immigrants

Office of Minority Health & Health Disparities, NC DHHS..... 431-1613

1110 Navaho Drive, Suite 510, Raleigh, NC 27609

www.ncminorityhealth.org

Mission: To promote and advocate for the elimination of health disparities among all racial and ethnic minorities and other underserved populations in North Carolina.

Legal Services of NC..... 856-2180

224 S. Dawson Str., Raleigh 27601

(866)219-5262

www.legalaidnc.org

Legal representation for farm workers and discrimination issues.

Lutheran Family Services..... 861-2807

112 Cox Avenue Post Office Box 12287 Raleigh 27605

www.lfscarolina.org

Provides a variety of refugee and immigration services

NC Society of Hispanic Professionals..... 467-8424

2450 Chape Hill Rd., Cary 27511

www.thencshp.org

Acknowledging the under representation of Hispanic youths in higher education... it is the intent of the NCSHP to develop and secure educational opportunities and financial support to improve Hispanic youth's success and school performance."

NC Hispanic Chamber of Commerce.....782-8764

150 Fayetteville Str. #110, Raleigh 27601

www.nchispanicchamber.org

New Hope Baptist Church Hispanic Ministry.....876-5250
4301 Louisburg Road, Raleigh, NC 27604

National Alliance for Hispanic Health.....(202)387-5000
1501 16th Str. N.W. Washington DC 20036-1401
www.hispanichealth.org Helpline (866) 783-2645
Provides information to the hispanic community regarding health issues.

Raleigh International Church.....919-875-0950
4020 Capitl Boulevard, Raleigh, NC 27604

LEGAL SERVICES

Attorney General – Consumer Protection.....Local Concerns 716-6400
or for out of area concerns1-800-566-7226
www.ncdoj.gov

Governor’s Citizen Helpline1-800-662-7952
www.governor.state.nc.us.govoffice

Legal Services of North Carolina.....856-2564
224 S. Dawson Street, Raleigh, NC 27601
www.legalaidnc.org
Provides free legal advice and assistance for low income individuals in civil matters related to fair housing, mental disability benefits, prison issues, and justice issues.

N. C. Lawyer Referral Service1-800-662-7952

SouthLight (Court Services)828-4892
19 West Hargett Str. #809, Raleigh 27601
www.southlight.org
Assists individuals with drug violations to avoid further criminal involvement by providing intervention, education and monitoring services

The Women's Center.....829-3711
128 E. Hargett St., Suite 10, Raleigh, NC 27601
www.wcwc.org
Domestic Law attorney held every 2 weeks. Call for next date.
Attorney Hotline: Monday and Thursday 4:00 p.m. - 5:30 p.m. Call main number and ask for Attorney Hotline number.

Carolina Dispute Settlement Services.....755-4646
2300 Rexwood Dr#120, Raleigh 27607
www.notrials.com/fileityourself

Providing mediation services for Child custody and visitation issues, small claims, community services, and district criminal court. Sliding scale costs based on income. Court fees and processing fees apply. File it yourself clinic open on Thursdays 9am-3pm. Call for appointment.

MEDICAL CARE-PRIMARY CARE

HOMELESS AND/OR UNINSURED

Horizon Health Center743-3315
102 N. Tarboro Rd., Raleigh, N. C. 27610-2352
www.whsi.org

Monday through Friday 8:30 a.m. – 5:15 p.m.
Proving services to the homeless and those in transition.
Services provided include General Primary Medical Care (Camp Physicals, Diagnostic Tests/ Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).
Support Services include Diabetes Education, Diagnostic Tests/Screens, Drug Assistance, Health Education, Eligibility Assistance, Substance Abuse Services, Social Workers.

Alliance Medical Ministries250-3320
101 Donald Ross Dr., Raleigh 27610
www.alliancemedicalministry.org

Monday through Friday, 8am-5pm p.m. Provides affordable health and dental care to the uninsured. Must be employed or living with someone who is employed. Appointment required. Bilingual services provided. This is a faith-based medical clinic for the working poor in Wake County. The clinic serves many Hispanic and other minority families and operates on a sliding fee scale.

Urban Ministry (Open Door Clinic).....832-0820
1390 Capital Blvd., Raleigh 27603
www.urbanmin.org

Health care facility providing services at no charge to uninsured, low-income residents of Wake County. The Open Door Clinic provides acute

and chronic medical care, prescription medications, and laboratory services on site. Walk-in care available for acute illness and minor injury. Services include: Continuing care for chronic illness, prescription medications, specialty care on site and by referral, laboratory services, health education, social work counseling. Interpreter Services available for Spanish-speaking patients. Appointments are available.

Wake County Human Services212-7000

Public Health Center - 10 Sunnybrook Rd., Raleigh, NC 27610

Monday through Friday, 8:15 a.m. - 5:15 p.m. Call for appointments for all types of health care needs including education, immunizations and treatment. Public Health Clinics also at:

Southern Regional Center

130 N. Judd Parkway NE, Fuquay Varina, N. C.557-2501

Eastern Regional Center

1002 Dogwood Dr., Zebulon, N. C.404-3900

Northern Wake Health Clinic

350 East Holding Ave., Wake Forest, N. C.....554-8490

Wake Faculty Physicians Internal Medicine350-8000

3024 New Bern Avenue, Raleigh, N. C. 27610 (1st floor of Andrews Center)

Monday through Friday 7:30 a.m. – 4:30 p.m.

Provides care and management of many common diseases, including but not limited to congestive heart failure, diabetes and Coumadin management. Practice is open to established patients only, except for inpatient follow-up visits.

Wake Health Services, Inc. (Admin.).....255-6721

<http://www.whsi.org>

Apex Family Medicine362-5201

212 South Salem St., Apex, N. C. 27502

Monday- Friday 8:00 a.m. – 5 p.m.

Services provided include General Pharmacy, Medical Care (Camp, sports Physicals, Complete Physicals, Diagnostic Tests/Screens, Family Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing & Vision Screening, Immunizations, Pediatric Care, Sports Physicals).

Support Services include Case Management, Diabetes Education, Diagnostic Tests/Screens, Drug Assistance Program, Health Education, Eligibility Assistance, Social Workers.

New Bern Ridge Dental250-2930
2620 New Bern Avenue, Raleigh, N. C. 27610
Monday through Thursday 8:00 a.m. – 5:15 p.m.
Services provided include Comprehensive Dental Services,
Cleanings-Hygiene, Dental Exams, Emergency Services, Extractions,
Fillings, Tooth Varnishing, Fluoride Treatment, Restorative Services,
Preventative & Children’s Services.
Support Services include Eligibility Assistance, Oral Hygiene
Education.

Rock Quarry Road Family Medicine833-3111
1001 Rock Quarry Rd., Raleigh, N. C. 27610
Monday, Wednesday, Thursday & Friday 7:00 a.m. – 5:15 p.m.; Tuesday
7:00 a.m. – 6:00 p.m.
Services provided include General Primary Medical Care (Camp
Physicals, Complete Physicals, Diagnostic Tests/Screens, Family
Planning, Geriatric Care, Gynecological Care, Health Checks, Hearing &
Vision Screening, Immunizations, Pediatric Care, Sports Physicals).
Support Services include Case Management, Diabetes Education,
Diagnostic Tests/Screens, Drug Assistance Program, Health Education,
Eligibility Assistance, Social Workers.

Southern Wake Family Medicine557-1110
130 N. Judd Parkway NE, Fuquay Varina, N. C. 27526
Monday – Friday 8:30 a.m. – 5:30 p.m.
Services provided include General Primary Medical Care (Camp
Physicals, Complete Physicals, Developmental/screening,
Diagnostic Tests/Screens, Family Planning, Geriatric Care,
Gynecological Care, Health Checks, Hearing & Vision Screening,
Immunizations, Pediatric Care, Sports Physicals).
Support Services include Diabetes Education, Diagnostic
Tests/Screens, Drug Assistance Program, Health Education, Eligibility
Assistance, Social Workers.

St. Bernadette’s Catholic Church.....552-8758 or 623-1487
1005 Wilbon Rd., Fuquay Varina 27526
Thursday evenings and every 3rd Sunday afternoon.

Shepard’s Medical.....404-2474
304 B Pony Rd Zebulon 27597
www.shepardscareclinic.com

Mariam Clinic.....824-4672
3126 Blue Ridge Rd., Raleigh 27612
www.mariamclinic.org

Free for those who meet income eligibility. Must be age 18 or over. One Member of the household must be employed. Must live in Wake or Durham counties. Appointments only. Call on Wednesday 10am-5pm or Thursday 2pm-5pm. Clinic hours are Sunday 1pm-5pm. Services provided Acute care, short term chronic care, referrals, discount labs and radiology services, psychiatry and counseling, and interpreter services. No emergency or obstetric services.

MEDICAL-HIV TESTING/AIDS SERVICES

Alliance of AIDS Services Carolina834-2437
324 S. Harrington St., Raleigh, N. C. 27603
www.aascnc.worldpress.com

Free confidential HIV testing and other STDs. Mon-Thur 9am-12pm and 6pm-8:30pm. Appointments available also. Offering primary care and continuum of care, preventative education, counseling, substance abuse treatment, mental health counseling, nutritional counseling, food pantry, case management, family care homes, emergency financial assistance, transportation, housing info and referrals.

Horizon Health Center (homeless population).....743-3315
102 N. Tarboro Rd., Raleigh, N. C. 27610-2352
Monday through Friday 8:30 a.m. – 5:15 p.m.
Provides HIV treatment services and related medical care.

National CDC Hotline1-800-242-4636

St. John’s Metropolitan Community Church834-2611
805 Glenwood Ave., Raleigh, N. C. 27605
Free confidential HIV testing 2nd and 4th Saturdays 9 – 11 a.m.

Southlight832-1400
1201 Garner Rd., Raleigh 27601

Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Under One Roof (WCHS).....571-6600

3622 Haworth Dr., Raleigh 27609

Free counseling, financial assistance and initial intake by appointment only.

Strengthening the Black Family.....856-5302

568 East Lenior Str., Raleigh 27601

www.stbf.org

Free HIV testing. Basic nutrition and sex education programs for teens.

Urban Ministries834-4707

1319 Capital Blvd., Raleigh

Free confidential testing Tuesdays from 5:30 p.m. – 7:30 p.m. Last person taken at 7:00 p.m. Spanish speaking employees present.

Wake County Human Services.....250-3950

Public Health Center - 10 Sunnybrook Road, Raleigh, NC 27610

All clinics will do free, confidential testing. Call for an appointment and information regarding all testing centers.

Monday through Friday 8:30 a.m. – 11:30 a.m. and Wednesday evenings from 5:00 p.m. – 7:00 p.m. at Clinic E. Spanish speaking employees available on Wednesday evenings. Testing for all STDs and treatment for HIV/AIDS patients also done Monday through Friday at Clinic A. Call for appointments and times for Clinic A at 250-4410.

WCHS, 350 E. Holding Ave Wake Forest 27587.....562-6300

WCHS, 1002 Dogwood Dr., Zebulon 27597.....404-3900

WCHS, 130 N. Judd Pkwy., Fuquay Varina 27526.....557-2501

BERT Center, Inc.....632-6283

211 West Martin Str. #160, Raleigh 27601

Case management service for those diagnosed with HIV/AIDS

H.O.P.E .Foundation.....713-0267

3712 Benson Drive #101, Raleigh 27609

www.hopefoundations.com

Case management services

M.Q.A Support.....833-7310

812 New Bern Ave., Raleigh 27601

www.mqasupport.com

Case management services

Women’s Center8283711

128 E. Hargett Str., Raleigh 27601

www.wcwc.org

Testing and counseling service

MEDICAL-PRESCRIPTIONS

Dorcas Ministries.....469-9861

1231 NE Maynard Road, Cary, N. C. 27513

www.dorcas-cary.org

Assistance for Cary, Morrisville, New Hill, Friendship, and Willow Springs. Residents of Fuquay, Apex, and Holly springs must have a written referral from Western Wake Crisis Ministry. Durable medical supplies also available as resources allow.

Drug Assistance Program (HIV/AIDS)715-3111

Division of Public Health, N. C. Dept of Health & Human Services

1902 Mail Service Center, Raleigh, N. C. 27699-1902

N. C. Division of Medical Assistance.....(800)662-7030

1918 Umstead Dr., Kirby Building, Raleigh, N. C. 27699-2501

www.dhhs.state.nc.us/dma

State resource for questions regarding Medicaid or NC Health Choice

North Raleigh Ministries.....

2431 Spring Forest Rd, Ste. 152, Raleigh 27615

Mon thru Thursday. Call for appt. between 10am-1pm. Help with prescriptions. Serves Raleigh residents in zip codes 27604, 27609, 27612, 27613, 27614 and 27615.

Urban Ministries834-4707

1390 Capital Blvd., Raleigh 27603

www.urbanmin.org

Prescription assistance for low-income and homeless individuals. First come first served. N. C. ID required. Will pay copays. Monday-Friday 10am-1pm.

Wake County Human Services, Mental Health Services250-3100

3010 Falstaff Rd., Raleigh, N. C. 27610

Prescription assistance for mental health clients.

Wake County Human Services, Medicaid.....212-7000

220 Swinburne Rd., Raleigh 27610

Residents of Wake County may visit the Human Services building in their area to apply for Medicaid. Medicaid provides assistance to income eligible

persons for prescriptions, doctor and hospital visits, vision, and dental care.

Southern Regional Center, Fuquay Varina.....557-2501
Eastern Regional Center, Zebulon.....404-3900
Northern Regional Center, Wake Forest.....3626300

Medicare Prescription Drug Plan.....(800)633-4222
www.formularyfinder.medicare.gov

this tool will allow you to find plans in your state that match your required drug list.

www.freemedprogram.com

There are over 200 patient assistance programs in place to help people receive free medications.

www.ncrx.gov

Help with Medicare prescription drug plan premiums

www.ssa.gov

Help with Medicare prescription drug premiums. Form SSA-1020.

MEDICAL-MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

WAKE COUNTY HUMAN SERVICES

Cornerstone.....508-0777

Path and Community Outreach Team Referral Line.....508-0770

220 Snow Avenue, Raleigh, NC 27603

Outreach and engagement, psychiatric services, and intensive case management services offered to homeless individuals with severe and persistent mental illness and/or substance abuse problems. Please call to make a referral on Tuesdays 1pm-4pm.

Drop-In Center (A Division of Wake County Human Services)....856-5240
567 E. Hargett St., Raleigh, NC 27601

Psychosocial educational program for Wake County residents who are 18 or older who have a primary diagnosis of severe mental illness and sometimes co-occurring substance abuse. They must be referred by their primary mental health provider and complete the admission process. Activities include social skills and independent living skills training, AA meetings, support and recovery groups, Job Club, exercise, arts and crafts, and recreational activities.

**Evaluation and Emergency Services.....250-3133
Wake County Human Services
3000 Falstaff Road, Raleigh, NC 27610
Evaluations for Mental Health and Substance Abuse services.**

**Larry B. Zieverink Sr. Alcoholism Treatment Center (ATC).....250-1500
Wake County Human Services, 3000 Falstaff Road, Raleigh, NC 27610
Providing Intensive Outpatient (12 weeks), Medically Supervised
Detoxification and Inpatient Treatment Services (avg. 8-14 days) to Adult
Wake County Residents. All services offer a comprehensive, Dual
Diagnosis, 12-step based program of evidence based, best practice
education and therapy to assist in the establishment of abstinence and
beyond.**

**Adult Treatment Center.....212-7850
220 Swinburne Rd., Raleigh 27601
Adults dealing with mental illness. Mon-Fri 8:30am-5:15pm**

**Easter Seals UCP North Carolina-ASAP(800)662-7119
Regional Office: 2315 Myron Drive, Raleigh, N. C. 27607
www.eastersealsupc.com**

For children, adults and families who are dealing with mental health issues, Easter Seals UCP North Carolina offers a variety of supports available in the home, community, or at a clinic. Our services are structured around best-practice models, with a continuing focus on maintaining a person-center, strengths-based approach. Community Support, Respite, Intensive In-Home Therapy, Assessment, Individual Therapy and Multi-Systemic Therapy are provided.

**The Healing Place of Wake County (Men's Facility)838-9800
1251 Goode Drive, Raleigh, N. C. 27603
Target Group: Homeless men, age 18 and older, who are from Wake
County. Length of stay: Shelter – one night/ Non-medical Detox – 3 to 5
days; Recovery Program – 7 to 12 months/**

Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug problems. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the South Wilmington Street Center by 4:00 p.m. each day for the van pick-up.

**The Healing Place (Women’s Facility)865-2550
3304 Glen Royal Road, Raleigh, N. C. 27617**

Target Group: Homeless women, age 18 and older, who are from Wake County. Length of Stay: Shelter – one night; Non-medical Detox – 3 to 5 days; Recovery Program – 7 to 12 months.

Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to Detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women’s Center at Blount and Hargett Streets by 3:15 p.m. each day for the van pick-up.

**Holly Hill Hospital250-7000
3019 Falstaff Road, Raleigh, N. C. 27610**

Provides treatment programs for children, adolescents, and adults covering a wide range of behavioral health issues. Provides treatment for: Depression; Anxiety and Stress, Bipolar Disorder; Other Emotional and Mood Disorders; Behavioral Problems; Alcohol Abuse and Dependency; Illicit and Prescription Drug Abuse and Dependency. A no-cost, confidential evaluation of a patient’s needs is available 24 hours a day, seven days a week through the RESPOND department.

**SouthLight787-6131
3117 Poplarwood Court, Suite 203, Raleigh 27604 (Administrative offices)
www.southlight.org**

SouthLight is an organization which offers numerous services for substance abuse including assessment, education, treatment, counseling, youth and juvenile offender services, court services, intervention, intensive outpatient treatment, methodone treatment, independent living skills, supervised living services. SouthLight also offers a wide variety of programs to address these issues. If you would like more information

about the admission process, services or facilities, please call the above number. Below are just a few of the programs/services offered:

Adult Services832-4453
2101 Garner Rd., Suite 107, Raleigh 27610

Adult/Adolescent Services.....872-7373
1012 Oberlin Rd, Raleigh 27604

Judicial Services.....828-4892
12 W. Martin Street, Raleigh, N. C. 27601

CASAWORKS/Perinatal Programs, Fuquay, N. C.557-6967
Residential program for pregnant/post-partum women

Triangle Family Services821-0790
3937 Western Blvd, Raleigh 27609
Individual, group, and family counseling. Fees based on a sliding fee scale.

UNC Alcohol and Substance Abuse Program966-60339
1101 Weaver Dairy Rd., Chapel Hill, N. C. 27514
www.med.unc.edu.alcohol or (888)457-7457
Outpatient mental health and substance abuse services. Payment Accepted: Self payment, Medicaid, Medicare, Private health insurance, Military insurance, Payment Assistance. Mon-Fri 9am-6pm

Catholic Social Ministries.....821-9764
715 Nazareth Str., Raleigh 27606
www.dioceseofraleigh.org

Jewish Family Services.....676-2200
8210 Creedmoor Rd., Raleigh 27613
www.shalomraleigh.org

Wake Teen Medical Services.....828-0035
505 Oberlin Rd Raleigh 27605
www.waketeen.org
Providing adolescent focused medical and mental health care, community education and provider training. Serving ages 10-23. Hours: Mon- Thur. 8:30am-7:30pm, Fri 8:30am-5pm, Sat 8:30am-1pm.

Women's Center.....828-3711

128 E. Hargett Str., Raleigh 27601

www.wcwc.org

Providing support services and mental health counseling to women in need.

MEDICAL-DENTAL

Wake Smiles.....250-2952

2620 New Bern Ave. Raleigh 27610

www.rwcads.com

Dental care for children. Eligibility forms located at Wake Health Services, Raleigh Rescue Mission, and Horizon Health services. Must be approved before making an appointment.

Wake Tech Dental Hygiene.....747-0126

Health Sciences Building, 2nd Floor

2901 Holston Ln., Raleigh 27610

<http://dentalhygiene.waketech.edu>

Dental Cleaning, fluoride treatments, sealants, and radiography performed By supervised students. Clinic hours vary according to semester schedule. Appointment only. Referrals given for additional dental work needed.

UNC Chapel Hill Dental School.....966-2805

Manning Dr. & Columbia Ave, Chapel Hill

www.dent.unc.edu

Services provided for children beginning age 4 and adults. Application Required. Two clinic sessions held Mon-Fr from 10am-1pm & 2pm-5pm. Monthly drawings held to determine patient selection. Some fees apply.

MEDICAL-EYECARE

Division of Services for the Blind.....(866) 222-1546

Must meet income eligibility based on household size. Must be a citizen or have Permanent Residency Card. Can include children up to age 22 (if listed on income tax return as dependents). Co-pays to providers are required.

UNC Department of Ophthalmology.....966-5296

130 Mason Farm Rd., Chapel Hill, NC

Free or low cost eye exams for people of all ages. Income verification is required. Call 966-5296 with questions regarding financial assistance.

EyeCare America.....(800)222-3937

www.eyecareamerica.org

A public service foundation of the American Academy of Ophthalmology. Provides comprehensive eye exams and care for up to one year to eligible callers. Glaucoma eye exam available for some.

Vision USA.....(800) 766-4466

www.aoa.org

Provides free eye care to uninsured, low income workings and families. Eligibility based on income and household size.

Lions Clubs International.....(headquarters) (605) 571-5466

www.LionsClubs.org

Provides financial assistance for eye care through local clubs. Eligibility based on income and household size. Applications submitted at WCHS, Service Intake, Mon-Fri 7:30am-4pm, 1st floor Swinburne Bldg, 212-7000

Knights Templar Eye Foundation.....(847) 490-3838

www.knightstemplar.org

Provides assistance for eye surgery for people who are unable to pay or receive adequate services from current government agencies or similar sources.

Prevent Blindness NC.....755-5044

4011 West Chase Blvd. #225, Raleigh 27607

www.preventblindness.org

Delivers direct service programs through screening, publications, safety, education, information, and referral. Healthy Eyes Eyeglasses Program is for adults and children. Must be income eligible (200% poverty level), no other eyeglass benefits, valid prescription less than 2 years old provided by partner agency.

NC Association of Educators.....(800) 662-7924 ext 205

www.ncae.org

No income requirements. Eyeglasses and other items provided as deemed necessary. Must be a student enrolled in public school. Citizenship not required. School staff or school nurse must request assistance on behalf of the child. Parents cannot request the assistance. Cost of eye exam not covered. Application available September- June.

Sight for Students.....(888) 290-4964

www.sightforstudents.org

Vision Service Plan program that provides eye exams and glasses to children 18 years and younger whose families cannot afford vision care.

ZenniOptical.....(800) 211-2105

www.zenniOptical.com

Online ordering of low cost eyeglasses. Must have valid prescription. Must have credit card, debit card, or gift card (visa or mastercard) to make purchase.

WCHS.....856-5974

401 East Whitaker Mill Rd, Raleigh 20608

Contact for appointment Mon-Fri 8am-5pm. Must meet household and income requirements. Cannot have received assistance in the last 2 years. Must supply last 6 months of income information, ID, social security cards.

MEDICAL-HEARING AIDS

Lions Clubs International.....(Headquarters) (800) 955-5466

www.LionsClubs.org

Provides financial assistance for hearing aids through local clubs. Eligibility based on income and household size. Contact Wayland Rhodes Jr. 733-6659/872-7770 locally.

NC Services of the Deaf and Hard of Hearing.....(800) 874-2212

www.dhhs.state.nc.mhddsas/deafservices

Foundation for Sight and Sound.....(866) 432-7500

www.foundationforsightandsound.org

EarQ provider participation required; call for provider in your area. No hearing aid benefits, yearly income below \$25000, and co pays may apply.

Miracle Ear Children's Foundation.....(800) 234-5422

www.miracle-ear.org

Must be age 16 or younger. Application required, medical documentation (medical clearance from DR. audiogram dated within last 6 months), income between \$20,000-\$45,000. Must not be eligible for public assistance programs. Must show that you have been denied assistance for public assistance program in writing. Forms downloadable from website.

NC Assistive Technology Program.....(800)622-7030

www.ncatp.org

Provides any type of equipment that helps people with disabilities or older individuals be more independent at home, school, work, leisure, or community life.

PREGNANCY & CHILD CARE

Birthchoice.....781-5423

3820 Merton Dr. #219, Raleigh 27609

www.birthchoicewake.org

Free pregnancy testing, Free limited ultrasounds. Abortion information and post-abortion counseling. Referral and resources for maternity homes and adoption agencies.

Community Partnerships, Inc.....781-3616 ext. 235

3522 Haworth Dr., Raleigh 27609

www.compart.org

Early intervention services for children age 5 and younger who have a disability or who are at risk for a disability/ Offering assistance with daycare, preschools or after school programs. Inclusion assistance also offered.

North Carolina Department of Health and Human Services ...662-4499

Division of Child Development Toll free in-state 1-800-859-0829

2201 Mail Service Center, Raleigh, N. C.

See State Child Care Licensing Office below.

Planned Parenthood833-7526

100 S. Boylan Ave., Raleigh 27603

www.pphsinc.org

Preventive reproductive healthcare and education

Life Care Pregnancy Center873-2442

1001 Navaho Dr., Suite 101, Raleigh 27609

Provides support for women, men and their families 24/7 free of charge.

Offers counseling and information to allow the person to make an informed choice.

State Child Care Licensing Office662-4499

(Regulatory Services Section) Toll free NC residents only 1-800-859-0829

319 Chapanoke Rd., Suite 120, Raleigh, N. C. 27699-2201

2201 Mail Service Center, Raleigh, N. C. 27699-2201

Regulates the health, safety, and well-being of children in out-of-home care; provides support and quality control services to child care providers.

<http://www.ncchildcare.net>

Wake County Health Department.....212-7000

10 Sunnybrook Rd, Raleigh 27601

Women’s Clinic F provides pregnancy testing and Clinic G provides prenatal care for uninsured and low income. Maternal Care Coordination is offered to the prenatal patients. Nurse Family Partnership program works with 1st time mothers.

WIC Program provides various food and supplies for mothers and their newborns to enhance healthy outcomes.

Wake County Child Care Subsidy Program 773-7600

Main location: 319 Chapanoke Rd., Suite 104, Raleigh, N. C. 27603

Southern Regional Center: 130 North Judd Parkway NE, Fuquay, N. C. 27526....557-1076

Eastern Regional Center: 1002 Dogwood Lane, Zebulon, N. C. 27597
.....404-3958

Northern Regional Center – 247 S. Allen Rd., Wake Forest, N. C. 27587
.....554-8493

Only available for families in Wake County. Provides financial assistance to parents for their child care needs. The child care subsidy is based on an assessment of need, income and family size. If the person is eligible, the case manager will assist in finding a program that meets the needs of the child/children. Parental choice is honored whenever possible. Parental fees are assessed for families who are income eligible.

REFUGEE PROGRAMS

Lutheran Family Services in the Carolinas.....(919) 861-2807

Raleigh Office: 112 Cox Avenue, P. O. Box 12287, Raleigh, N. C. 27605

www.lfscarolinas.org/refugeeimmigration

Provides a variety of refugee and immigration services. Offers immigration counseling, refugee social services, sponsorships and assistance with resettlement

NC Justice Center.....856-2570

224 Dawson Str., Raleigh 27611

www.ncjustice.org

USCRI-Raleigh/ Boat People SOS.....344-0072

400 Oberlin Rd. #300, Raleigh 27605

3801 Computer Dr. #110, Raleigh 27609

www.uscri.org

www.bpsos.org

Working on human trafficking and refugee resettlement. Emergency relief and recovery, domestic violence, labor exploitation, citizenship preparation, livelihood development, and workforce readiness training.

State Refugee Coordinator.....733-4650
325 Salisbury Str., Raleigh 27603

SENIOR RESOURCES

Council for Senior Citizens.....688-8247
406 Rigsbee Avenue, Suite 202, Durham 27701
www.councilseniorcitizens.org

Division of Aging and Adult Services, Dennis W. Streets.....733-3983
Taylor Hall, 693 Palmer Drive
Mailing Address: 2101 Mail Service Center, Raleigh, N. C. 27699-2101
www.dhhs.state.nc.us/aging

Eastern NC Chapter of the Alzheimer's Association832-3732
1305 Navaho Dr. #101 Raleigh 27605 1-800-228-8738
www.alznc.org
Alzheimer's research and care giver information and education

Hospice of Wake County828-0890
250 Hospice Circle , Raleigh 27605
www.hospiceofwake.org
Providing end of life care and resource information

North Carolina Assisted Living Association467-2486
3392 Six Forks Rd., Raleigh 27608
www.ncala.org
Information regarding assisted living facilities in NC

Resources for Seniors872-7933
1110 Navaho Dr., Suite 400, Raleigh, N. C. 27609
www.resourcesforseniors.com
Provides information on support services, affordable senior housing, medical care, facilities, etc.

City of Raleigh Retired Senior Volunteer Services831-6295
310 W. Martin St. #201, Raleigh 27602
www.raleigh-nc.org/communityservices/rsvp
Match seniors age 55 and older with volunteer activities that serve vulnerable senior in the Raleigh area.

Senior Center Telecare / Friendly Visitor Programs856-6444
401 E. Whitaker Mill Road, Raleigh, N. C. 27608
Provides outreach services by phone or 1 hour weekly home visit.

Center for Volunteer Caregiving.....460-0567
975 Walnut Str., #311, Cary 27511
www.volunteercaregiving.org
Provides transportation, respite care, visiting, phone calls, and light housekeeping and yard work.

Wake County Human Services (Senior/Adult Services).....856-5833
Whitaker Mill Rd., Raleigh
Providing short term generic case management to bridge consumers with community services

www.ssa.gov
Help with Medicare prescription drug premiums. Form SSA-1020.

North Carolina SHIP800-443-9354
www.ncshiip.com
Senior's Health Insurance Information Program (SHIP) is a consumer information division of North Carolina Department of Insurance that assists people with Medicare, Medicare Part D, Medicare supplements, etc.
www.ncdoi.com
Answers questions and counsels Medicare beneficiaries about Medicare supplements, Medicare Advantage, Medicare prescription plans, long term care insurance and other health concerns

TRANSPORTATION

Accessible Raleigh Transportation (A.R.T.)890-3459
www.raleigh-nc.org

The City of Raleigh provides transportation services for persons with disabilities. There are two levels of services:

Tier 1 service is available for permanent Raleigh residents who do not have a valid driver's license, and are identified as a person with a physical or mental disability.

Tier II service is available to persons who qualify under the Americans with Disabilities Act (ADA). Call for instructions on how to apply.

C-Tran481-2020

www.townofcary.org

Hours of Operation Monday through Saturday, 6:00 a.m. to 7:00 p.m.

The Town of Cary provides two types of service: fixed route and door-to-door service. The new fixed route system replaces the previous general public door-to-door service. Cary citizens who are disabled or at least 55 years old will continue to have the option of door-to-door service. Cost is \$2.00 each way in Cary; \$4.00 for out of town (Chatham, Durham, Orange or Wake Counties for work). Registered seniors and disabled passengers pay \$1.00 each way from 10:00 a.m. to 3:00 p.m. for trips in Cary. Children aged 6 and younger ride free. Make a reservation to ensure a seat 2 hours to 2 weeks in advance.

Capital Area Transit (CAT).....828-7228

1430 & 214 S. Blount St., Raleigh 27603

www.raleigh-nc.org/transit

Call for information and schedule.

Resources for Seniors, Inc.872-7933

1110 Navaho Dr. #404, Raleigh 27609

www.resourcesforseniors.com

Limited medical transportation, nutrition site transportation and grocery shopping transportation available. Call for more information.

Traveler's Aid (Cornerstone)508-0777

220 Snow Avenue, Raleigh 27603

One time assistance to displaced/stranded travelers when funds are available. Call before coming to Cornerstone to apply in order to see if funds are available. Must be able to contact someone on destination end to ensure willingness to accept traveler.

Triangle Transit Authority (TTA).....4857433

4600 Emperor Blvd. #100, Durham 27703

www.triangletransit.org

Office Hours Monday through Friday 6:00 a.m. – 6:30 p.m. Bus hours Mon-Fri 6:00 a.m. – 10:30 p.m.; Sat 8:00am-5:30pm. Free vanpool matching available to the general public (485-7461) and regional bus service to Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square information booth. Offers direct airport shuttles from Regional Transfer Center

Wake County Transportation Center212-7005

220 Swinburne Rd., Raleigh, N. C. 27610

www.wakegov.com

Monday – Friday, 8:00 a.m. – 5:00 p.m.

Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.

Medical transportation through Medicaid and other transportation services for Wake County citizens.

TRACS (Wake County Human Services).....212-7005

220 Swinburne Rd., Raleigh 27610

www.wakegov.com

Transportation to residents of non urbanized areas of the county. 24 hour or more advance notice for pick up. First come first served. Fees charged per trip. Mon-Fri 7:00am-12:00pm and 1:00pm-6:00pm.

Wolfline.....515-3424

2721 Sullivan Dr., Raleigh

www.ncsu.edu

Open to students and the general public. No fare or Student ID required to ride. Operates everyday classes are in session. Routes vary between Fall, Spring, and Summer service.

Wheels for Hope.....832-1941

929 S. Saunders Str., Raleigh 27603

www.wheels4hope.org

Faith based nonprofit that repairs donated cars and recycles them back in the community. Referral by partner agency required. General public sales also provided on Tuesday and Thursday from 9:00am-4:00pm.

VETERAN'S SERVICES

Durham VA Hospital.....286-0411

Raleigh VA Clinic.....212-0129

3305 Sungate Blvd., Raleigh 27601

Medical Care available @ 508 Fulton St, Durhan and at the Raleigh Clinic. Limited transitional, housing for homeless veterans. Primary care and behavioral services.

**Employment Security Commission, Raleigh..... 212-3849 ext250
3351 Carl Sandburg Crt., Raleigh 27610**

Homeless and formerly incarcerated veterans programs offering employment assistance, veteran's benefits information, shelter, food, educational assistance, legal assistance, drug and alcohol treatment referrals, and mental health treatment referrals.

**NC Division of Veteran's Affairs.....733-3851
1325 N. Salisbury Str., Raleigh**

www.doa.state.nc.us/vets

State level office that assists veterans and their dependents with applying for and obtaining veterans benefits. Open Monday thru Friday from 8:00am-5:00pm.

**The Raleigh Vet Center.....856-4616
1649 Old Louisburg Road, Raleigh, NC 27604**

Free counseling and referral services for veterans suffering from combat trauma and sexual trauma provided by a qualified team of counselors. Hours of operation-8:00am-4:30pm. Services available after hours and on weekends with appointment. Call for more information.

**Wake County Human ServicesVeterans Services.....856-6533
567 E. Hargett Street, Raleigh 27602 (A.A.Thompson Center)**

Assists veterans with obtaining military paperwork, employment assistance, medical care, help with transportation and other services for veterans.

**Veterans Services.....857-9428
1420 S. Wilmington St., Raleigh 27603 (Men's Shelter)**

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services.

**Veterans Services.....508-0777
220 Snow Ave., Raleigh (Cornerstone Bldg.)**

Assists homeless veterans with obtaining military paperwork, housing, employment assistance, medical care, help with transportation and other services. Thursdays from 1:00pm-4:30pm.

**National Record Center.....(314)801-0800
9700 p0age Ave., St. Louis, MO 63132-5100**

www.archives.gov

Military personnel records, health, and medical records of discharged and deceased veterans of service during the 20th century. Records prior to WWI see National Archives Building in Washington DC.

US Department of Labor.....(866)487-2365

3rd Str. NW, Washington DC

www.dol.gov.vets

www.NationalResourceDirectory.gov

Online partnership for wounded, ill, and injured service members, veteran, families, and those who support them.

National Call Center for Homeless Veterans.....(877) 424-3838

www.va.gov

Providing transition services to discharged and wounded veterans. One on one employment assistance.

YOUTH SERVICES

Boys and Girls Clubs of Wake County.....834-6282

701 N. Raleigh Blvd., Raleigh 27601

www.wakebgc.org

Offers arts, sports, health, life skills, educational and career development, and character and leadership development in a fun atmosphere. Open after school from 2:30pm- 8:00pm daily. Programs are administered and supervised by trained and caring staff.

Youth & 4H.....250-1100

4004 E Carya Dr., Raleigh 27610 (NC Extension Bldg.)

www.wakegov.com

4-H club , summer camps, teen programs, leadership experiences, afterschool programs.

Fuquay Varina Youth Initiative Inc.....557-5630

607 East Academy Street, Fuquay Varina

After school tutoring and enrichment program for middle school age children. Registration and orientation in August. \$20 fee covers the year. Provides hours that cover the school year, teacher workdays and summer vacation.

City of Raleigh Parks and Recreation.....831-6640

2401 Wade Ave., Raleigh 27607

www.raleigh-nc.gov

Various youth oriented programs, camps, recreation, tutoring, arts programs, and character education. Facilities located Raleigh and surrounding areas.

City of Raleigh Youth Services.....966-6100

310 W. Martin Str. #201, Raleigh 27601

Vocational, educational, and social skills training. Offers summer employment opportunities also age 14-21.

Work Force Investment.....733-4151

301 N. Wilmington Str., Raleigh 27601

www.capitalareaswdb.com

Young people ages 14-21, out of school youth or at risk of dropping out. Tutoring, employment opportunities (paid and unpaid), mentoring, occupational skill training, leadership development, alternative secondary school.

NC Theatre 4 Change.....855-9960

1 East South Str., Raleigh 27601

www.nctheatre.com

Using theatre games, exercises, role playing tactics, and processing to facilitate constructive conflict resolution strategies. Children in 4th-9th grades. Programs at various community centers.

Job Corps.....(252) 438-6161

1096 US Hwy 1 South, Kittrell 27544

www.jobcorps.gov

Education and job training program. Must be at least 16. No cost to participants and family.

Tarheel Challenge Academy.....(910) 525-550

600 N. Main Str., Salemburg 28385

(800) 573-9966

www.ngycp.org

Mission to improve the life coping skills and employment potential for high school drop outs and expellees. No cost to families. Quasi-military program. No military obligation upon completion of program. Anyone can recommend a candidate.

Hip Hop Haven.....833-3700

135 S. Wilmington Str., P.O. Box 97153, Raleigh 27624

www.hiphophaven.org

Nonprofit serving the triangle area. Hip Hop used to identify/address issues of poverty, racism, gangs, crime, violence, drugs, teen pregnancy,

HIV/AIDS, education, etc. Safe haven/ recreational outlet through art, music, culture, and sport.

Kids Peace.....872-6447

3109 Poplarwood Crt. Cedar West Bldg #310, Raleigh 27604

www.kidspeace.org

Foster care, community support, outpatient counseling, juvenile justice programs

Riley Hill Family Life Center.....365-7899

5901 Riley Hill Rd., Wendell 27591

www.rhflc.org

Youth programs that focus on academics, leadership development, character building

Jordan Counseling (The Promised Kingdom).....803-5218

610 W. South Str., Raleigh 27603

Non profit serving the Southeast Raleigh area. Programs focusing on youth and family development. Some transportation to programs available.

Haven House.....833-3312

706 Hillsborough Str., Raleigh 27603

www.havenhousenc.org

Arts programs, teen shelter, structured day program for suspended youth, community service, life skills training, counseling, Second Round Boxing program for ages 11-18.

YMCA.....719-9633

801 Corporate Center Pkwy #200 (Admin. Office, Raleigh

www.ymcatriangle.org

Several locations in Wake County. Summer day camps, after school programs, track out programs, fitness, sports, and fitness.

Youth Empowerment Solutions.....878-8777

4418 Louisburg Rd., Ste.13, Raleigh 27616

www.youthempowermentsolutions.org

Y.E.S! Academy (Youth Empowerment School) is designed to empower, educate youth for personal growth, leadership development, creativity, financial literacy, volunteerism, and civic education.

Big Brother Big Sister.....828-1140

1600 Hillsborough Str., Raleigh 27605

www.bbbs.org

Volunteer organization for mentoring youth

100 Black Men.....662-4925

POBox 26365, Raleigh 27611

www.100-blackmentriangle.org

Providing mentoring, education, health and wellness, economic development, and leadership skills to young men.

Backpack Tutoring.....800-8787

www.backpacktutoring.com

Our tutor program places volunteers in elementary schools throughout Wake County for children in grades K-5 at no cost to the school or the parents. Our tutors work one-on-one with children who are below grade level in math, reading, and writing and at risk of retention.

J. Peter Two.....919-791-1109

3948 Browning Place, Ste. 211, Raleigh 27609

www.jpeterstwo.org

J Peter TWO is an at-risk youth, young adult re-entry and family service agency, with a mission to provide assistance in the development of their talents in order to have a brighter future for themselves and their families. Services provided include life skills and life choice training, mentoring programs, STD education, Obesity awareness, and bullying prevention.

